



# All Age Carers Strategy Engagement

**Integrated Care Partnership**  
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# Background & Context

- **1 in 8** people are Carers, **6.5 million** in the UK.
- **108,000** in Norfolk and Waveney, **one fifth** being Young Carers and Young Adult Carers.
- Carers save the state **£132bn** (average saving of **£19,336** per Carer) a year.
- Health and Care Act of 2022 placed duty on the Integrated Care Board for Norfolk and Waveney.

# Background

**2018**

Norfolk County Council (NCC) re-confirm commitment to All Age Carers Strategy for Norfolk and Waveney.

**2018/20**

NCC and partners discuss implementation strategies and options for work to be underpinned by a comprehensive Carer-led engagement plan.

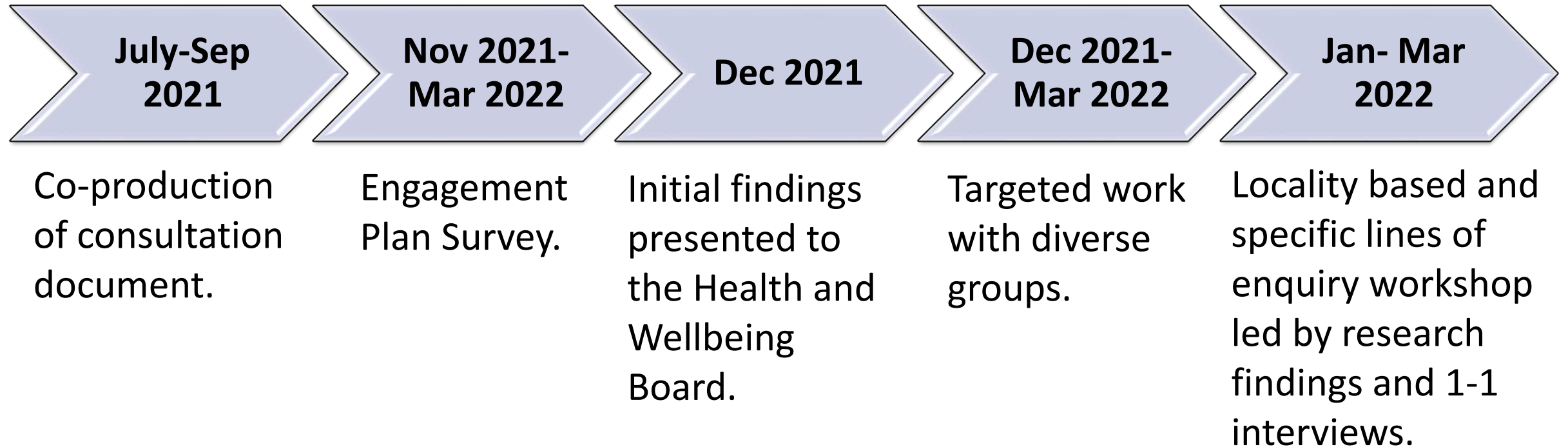
**2021**

NCC confirm support for a robust programme of outreach and consultation with Carers and partner organisations.

**2022**

All Age Carers Strategy Engagement Report following co-produced consultation survey, generalist and specific focus groups and one to one interviews.

# Co-production Timeline



# Activity Summary

**445** Engagement survey responses have been received from Carers from **47** postal areas.

**2055** free text responses.

**10** Carer Focus Groups have been delivered including **4** thematic sessions, co-facilitated with Healthwatch Norfolk.

**1-1 in depth interviews** with Carers unable to take part in other forms of engagement or who wish to participate more.

***The key themes in the Carers Engagement Report focus on the importance of:***

- Accessing the right care for the cared for person.
- Accessing support and knowing what's available.
- Continuity of support and recognition of the existing fragmentation of services.
- Communication between services and departments.
- Carers groups and other community networks.
- Identification and raising awareness of Carers and capturing their value.
- Involving Carers in long-term care planning.
- Mental health support for Carers and the person cared for (crosscutting theme).

# Recommendations in the report

- To establish a task and finish group to develop an All Age Carers Strategy underpinned by an action plan.
- To develop a set of indicators to facilitate join up across services including those that show the additional impact of the rising cost of living and the longer-term impact of the pandemic.
- To identify workstreams for extra research and analysis.
- Identifying the support offered by family and community and how this balances with support services.
- To embed co-production by supporting Carers to monitor the strategy.