

Brief Title	Specialised Commissioning – Adult and Children and Adolescent Mental Health Services (CAMHS T4) - Eating Disorders
Date prepared	14 February 2019
For	Norfolk Health Overview and Scrutiny Committee (NHoSC) – February Information Briefing
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1. Purpose

1.1. This briefing provides information for the Norfolk Health Overview and Scrutiny Committee February briefing, which includes:

- The specialised eating disorder services commissioned for children, young people and adults;
- The providers of specialised eating disorder services, and their locations (within the east of England);
- The numbers of young people and adults from Norfolk accessing specialised eating disorder services each year;
- The number of young people and adults from Norfolk admitted to providers outside of the county;
- The local ‘capacity and demand’ review (adults).

2. The Specialised Eating Disorder Services Commissioned for Children, Young People and Adults

2.1 NHS England, specialised commissioning, commissions a number of prescribed services which includes T4 inpatient eating disorder services for under 18s and adults.

2.4 East of England Specialised Commissioning Team holds the national NHS Standard Contract with a number of providers who provide eating disorder services within the East of England and across the country. (Some of whom also provide other specialised services).

2.6 Specialised Commissioning becomes the responsible commissioner for patients once admitted to a T4 inpatient bed. Until this point, Clinical Commissioning Groups (CCGs) retain responsibility.

3. The Providers of Specialised Eating Disorder Services, and their Locations (within the East of England).

3.1 Adults

There are 3 specialised inpatient eating disorder services within the East of England:

- Cambridgeshire and Peterborough NHS FT in Cambridge – capacity of 14 beds;
- Newmarket House Healthcare Ltd in Norwich – capacity of 10 beds;
- Priory Hospital Springfield in Chelmsford – capacity of 12 beds.

3.2 Children and Young People

There are 2 specialised inpatient eating disorder services within the East of England:

- Cambridgeshire and Peterborough NHS FT in Fulbourn – capacity of 14 beds;
- Rhodes Wood Hospital (Elysium Healthcare) in Hertfordshire – capacity of 29 beds.

3.3 The specialised commissioning team commission for patients from the East of England, although as these services are commissioned nationally, patients from England can access these services.

4. The Number of Young People and Adults from Norfolk Accessing Specialised Eating Disorder Services (*Norfolk data only - taken at January 2019).

**Please note that a total number has been given rather than a breakdown by CCG as in some years, the number of admissions is very small per CCG, and therefore may be identifiable.*

Count of patients - ADULTS	Admission Year			
	2015/2016	2016/2017	2017/2018	2018/2019
NHS NORTH NORFOLK CCG Total				
NHS NORWICH CCG Total				
NHS SOUTH NORFOLK CCG Total				
NHS WEST NORFOLK CCG Total				
Grand Total	14	19	20	18
Count of patients - CAMHS T4	Admission Year			
	2015/2016	2016/2017	2017/2018	2018/2019
NHS NORTH NORFOLK CCG Total				
NHS NORWICH CCG Total				
NHS SOUTH NORFOLK CCG Total				
NHS WEST NORFOLK CCG Total				
Grand Total	12	27	20	4

5. The Number of Young People and Adults from Norfolk Admitted to Eating Disorder Providers Outside of the County

5.1 Specialised services for patients from Norfolk are commissioned on a wider than Norfolk footprint. East of England of Specialised Commissioning Team commissions for all of the patients from East of England.

5.2 Adults - the East of England region has 1 unit in Norfolk – Newmarket House Clinic. The table below indicates the number of patients admitted from the Norfolk CCGs, to all other units nationally.

Admission Year			
2015/2016	2016/2017	2017/2018	2018/2019
8	12	13	9

5.3 CAMHS T4 – there are no specialised eating disorder services in Norfolk for young people, and therefore all young people from Norfolk are admitted to available services across the country, based on clinical need and risk.

5.3.1 Some under 18’s with less complex eating disorders are treated within T4 CAMH GAU services which is in accordance with the national CAMH service specification. These are not reflected in the numbers provided.

6. The Local ‘Capacity and Demand’ Review (Adults)

6.1 NHS England has commissioned a review from Public Health England which is focussing on inpatient provision within the East of England region only.

6.2 The aim of the review is to inform NHS England, of:

- The need for tertiary care for patients over the age of 18 years from the East of England;
- To provide observations from the current demographics and prevalence.

6.3 The timescale for completion of the review is 31 March 2019.

6.4 A national review is also underway, due to conclude at the end of April 2019.

6.5 The outcome of the review will inform next steps.

**Information provided by:
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