

Information provided by South Norfolk Clinical Commissioning Group (lead CCG for mental health commissioning in Norfolk & Waveney)

Details of any planning / engagement to create a new vision for mental health services across the STP area.	As part of the Norfolk and Waveney STP Mental Health Workstream, CCGs working with wider partners will shortly commence a period of consultation and engagement to develop a system wide vision and strategy for mental health services. It is envisaged that in order to ensure this is taken forward in the most inclusive way and within a strong coproduced approach this will take a year to complete.
An update on the outcome of the public engagement regarding a Community Wellbeing Hub and progress towards establishment of a Hub (see paragraph 1.6)	<p>The Central Norfolk CCGs conducted an initial consultation relating to the proposed community wellbeing hub. An online survey was open from 11th December 2017 to 12th January 2018. Written responses to the survey questions from individuals and organisations were also encouraged and accepted during this period. A detailed analysis of the survey results is available if required. Some of the key highlights are reflected below:</p> <ul style="list-style-type: none"> • 123 people participated in the survey, either online or through responding in writing. 5 organisations and individuals corresponded with NHS South Norfolk CCG directly with their feedback on the project. • The general response to the project was positive, with encouragement and enthusiasm towards progress to date. The majority of responses also indicated their individual or organisational willingness to be part of the development of the Community Wellbeing Hub going forward. • There was a general concern regarding the physical and geographical location of the hub in Norwich, particularly for people living in the furthest parts of rural North and South Norfolk. Further information was also required on how transport to and from the hub can be managed for all people in central Norfolk. • The café model was strongly supported, with an emphasis on working with the voluntary sector and involving people with lived experience of mental health conditions in its operation. It was also felt that the Community Hub must work with existing community outreach services, activities and organisations. <p>A project structure is being finalised and invitations to a range of stakeholders will be issued soon. The CCGs intend to operate an engagement process, which will include a workshop to speak with a full range of stakeholders over the course of 2018. Consultation is also ongoing in relation to the hubs development via a monthly service user reference group. Ensuring that people with lived experience are central to the hubs development.</p> <p>CCGs have agreed to conduct a procurement process over the course of 2018 and this will be directly informed by the information gathered as part of the engagement process. The hub is expected to be operational during 2019.</p>
Details of how much NHS England's Mental Health Investment Standard (formerly referred to as Parity of Esteem)	<p>Below are the details of the Parity of Esteem/Mental Health Investment Standard Levels for 2017/18 and 2018/19 across the Norfolk and Waveney CCGs.</p> <p>2017/18 Parity of Esteem Growth Requirement</p>

required the Norfolk CCGs to invest in mental health services in 2017-18 and 2018-19, with a breakdown for NSFT services and other mental health spending.

North Norfolk	2.0%
South Norfolk	2.7%
Norwich	2.3%
West Norfolk	2.5%
GYW	2.1%

**2017 /18 MH Expenditure and Investment Growth
Proportion - total of core Mental Health (excluding
expenditure on Mental Health related Prescribing and
Continuing Healthcare)**

		Growth
North Norfolk	21,778	7.1%
South Norfolk	25,309	8.9%
Norwich	32,362	2.4%
West Norfolk	17,843	2.8%
GYW	37,268	3.9%
Total	<u>134,560</u>	<u>4.8%</u>

Note £1,300 estimated Roundwell cost transferred from Norwich CCG to South Norfolk CCG in 2017/18 to show a like for like comparison

**2018/19 Mental Health Investment Standard Growth Requirement
(this includes expenditure on Mental Health related Prescribing and Continuing Healthcare which forms
part of the Parity of Esteem calculation)**

	GYW	North	Norwich	South	West
Total	<u>48,228</u>	<u>35,716</u>	<u>52,731</u>	<u>40,381</u>	<u>35,703</u>
Total increase	2.8%	4.7%	4.3%	3.9%	5.1%
Investment Standard requirement %	2.8%	2.8%	2.9%	3.6%	3.3%

The above shows the total planned increase per CCG against the expected Mental Health Investment Standard. It

	<p>is not yet possible for CCGs to confirm the breakdown of spend on individual services in 2018/19 as details of contracts are currently being finalised.</p> <p>These figures highlight that CCGs exceeded the level in investment above the parity of esteem requirement within NSFT services and across the wider mental health care system in 2017/18 and plan to exceed the required level of Mental Health Investment Standard in mental health services in 2018/19.</p>																														
Details of how much was actually spent on NSFT's services in 2017-18 and how much has been budgeted for 2018-19.	<p>It is not possible for CCGs to confirm the planned spend on NSFT services in 2018/19 yet. Details of the contract for this year are being worked on currently. In 2017/18 CCGs spent circa £118 million pounds on NSFT services.</p> <p>How much was spent on NSFT's services in 2017-18 (forecast figures)</p> <table><tr><td></td><td>GYW</td><td>North</td><td>Norwich</td><td>South</td><td>West</td></tr><tr><td>Block</td><td>28,811</td><td>16,197</td><td>25,982</td><td>17,751</td><td>13,863</td></tr><tr><td>Out of Trust / Secondary Commissioning</td><td>485</td><td>1,015</td><td>1,679</td><td>846</td><td>658</td></tr><tr><td>IAPT</td><td>2,695</td><td>1,807</td><td>2,531</td><td>1,894</td><td>1,679</td></tr><tr><td></td><td><u>31,991</u></td><td><u>19,019</u></td><td><u>30,192</u></td><td><u>20,491</u></td><td><u>16,200</u></td></tr></table>		GYW	North	Norwich	South	West	Block	28,811	16,197	25,982	17,751	13,863	Out of Trust / Secondary Commissioning	485	1,015	1,679	846	658	IAPT	2,695	1,807	2,531	1,894	1,679		<u>31,991</u>	<u>19,019</u>	<u>30,192</u>	<u>20,491</u>	<u>16,200</u>
	GYW	North	Norwich	South	West																										
Block	28,811	16,197	25,982	17,751	13,863																										
Out of Trust / Secondary Commissioning	485	1,015	1,679	846	658																										
IAPT	2,695	1,807	2,531	1,894	1,679																										
	<u>31,991</u>	<u>19,019</u>	<u>30,192</u>	<u>20,491</u>	<u>16,200</u>																										
Outcome of the negotiation with NSFT about funding for 15 additional beds at Yare Ward, Hellesdon Hospital.	Please see response in previous table (<i>i.e. in Appendix A – response to recommendation 4</i>).																														
Step Down Bed Overview	<p>Creating step down beds as an alternative to admission has been adopted as part of the STP mental health work programme.</p> <p>The service is provided by Evolve, which is an accredited supplier of supported lodgings with NCC. The service provides short stay accommodation and support for NSFT adult patients who are deemed 'medically fit' for discharge from the Trust's inpatient units or out of area placements. The service provides a decant service for adults who have temporary problems with accommodation which means that they become a DTOC. Access to the service is managed by NSFT and NCC staff operating at Hellesdon Hospital.</p> <p>Seven self-contained bed sit flats for placements are provided, plus, support to individuals to facilitate their</p>																														

	<p>recovery and move on. Long term commissioning of this type of service will be developed following evaluation during a pilot stage.</p> <p>The service went live at the end of July 2017 and built to full delivery in October 2017.</p> <p>From July 2017 to the end of February the scheme had provided 964 occupied bed days. All tenants have had a housing need eg needing a transfer as their housing exacerbated mental health needs, homeless or awaiting supported accommodation. The support provided has enabled tenants to address benefit issues and to create routines which will support their housing and mental /physical health in the future. At least a quarter had more than one hospital admission in 2017 prior to the admission leading to their placement at Evolve. During their placements only 1 person has had a short admission over a weekend.</p> <p>Over the 2017/18 winter period CCGs were successful in receiving extra money to secure a further 4 beds as part of this provision.</p>
<p>Out of Area Post Case Manager and Support Post Overview.</p>	<p>Funding to support a reduction in out of area beds has been secured to employ 2 posts within NSFT as follows:</p> <p><u>Band 8A post Out of Area Case Manager (1x w.t.e)</u></p> <p>This post holder is based at Hellesdon Hospital, but travels to where out of area patients are admitted to conduct regular reviews and to take forward the following:</p> <ul style="list-style-type: none"> • to improve in patient flow • facilitate more timely decision making and discharge • robust discharge planning including the provision of transport • reduce inpatient length of stay • discuss proposed changes in their care package, eg change of observation level, provision of therapeutic interventions. • repatriate patients to local care team as soon as appropriate • support the family and carers of patients admitted to an out of area bed • ensure that the potential out-of-area facility has access to all relevant information regarding the service user's history, current needs and risks to assist them in their assessment of the service user's suitability for their service. <p>The post holder is also monitoring out of area bed requests by ensuring that trust bed occupancy is checked prior to an out of area admission being made and is monitoring the quality of the Crisis Resolution and Home Treatment (CRHT) gate keeping into adult acute beds to ensure that any potential unnecessary admissions are</p>

avoided.

As part of the post's work in relation to improving patient flow, the post holder is attending ward reviews/board rounds to ensure that prompt discharge planning is in place, creating bed capacity for new admissions and recalls from out of area placements. Also in relation to securing effective patient flow the post holder is working closely with Evolve and other providers of step down beds to ensure that these are utilised in a way that creates capacity within the NSFT adult acute beds.

Over the winter 2017/18 period extra Winter Pressures funding was secured to enable the post holder to take forward weekend on call cover to provide support to NSFT bed management and CRHT teams, providing extra oversight during this busy period to ensure that robust bed admissions and bed management processes were supported.

During the winter 2017/18 period the Band 8A post was supported in taking forward its roles and responsibilities by a 1x w.t.e. Band 7 post. CCGs are looking at funding this recurrently when the winter pressure monies ends.