

# Count Me In Pledge

An easy-read document



Made in  
c-o-p-r-o-d-u-c-t-i-o-n



**This pledge is a promise from the 11  
local authorities across the East of  
England.**





We promise to empower people and families to work with us as partners in making sure people with care and support needs get the best care and support possible.

We call this **co-production**.





# What is Co-production?



Co-production means people and families working together with health and social care professionals to improve the lives of people with health and social care needs in our communities.



People and families become part of the decision making process.



This is a long term relationship sharing power with people to make change happen.

# Why is Co-production important?



Co-production helps improve the lives of people with care and support needs.



It allows us to make sure people have the right **person centred care and support** around them.



The people involved in co-production **learn new skills, build stronger communities** and **develop new networks**.

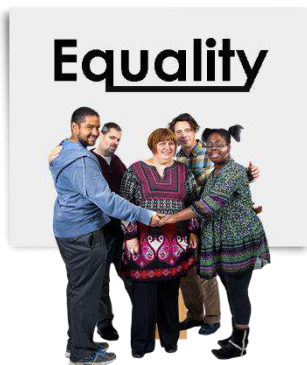


Co-production is **cost effective**. It makes sure we use the things we have on the things that matter most to local people.

# Who is co-production for?



Co-production is for people and families, and for people working in health and social care.



Co-production allows everyone to work together as equal partners.



When co-production is working well, people and families have the training and support they need to work alongside health and social care professionals **as equal partners**.



Working together in this way helps us **improve the lives of people with support needs** in our communities.

# What we are pledging to do?



**We will build our capacity for co-production**



We will work to increase the knowledge, skills and confidence of people and families so they can work with us as partners throughout this work.



We will do this by providing a range of accessible training and support for people in partnership with local groups.



We will look to develop co-production teams and ask more people to be involved.



# We will take co-production seriously



We will make **accessible ways** for people and families to work with us as partners to plan, **deliver and review care and support** for local people.



We will make sure people and families can come together with the right people at the right time and **work with us as equal partners**.



We will use co-production teams to help us make decisions about how we can best use the resources we have to **improve the lives of people with care and support needs**.



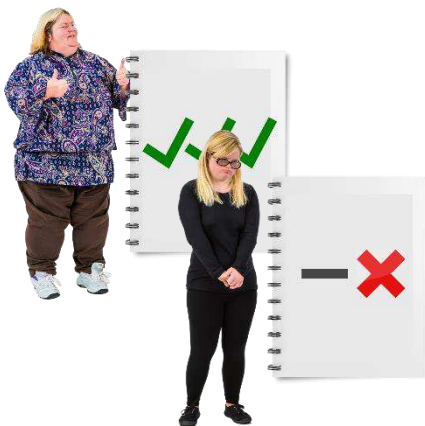
# We will be open in sharing our progress



We will make sure people can come together to understand and review our success.



We will take the time to **celebrate our progress** and our **successes**.

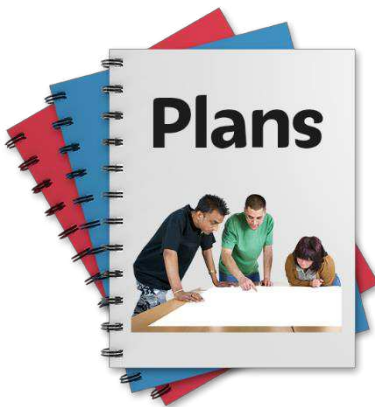


We will work together to learn what works well when working in co-production so **we can improve**.

# How will we implement this pledge?



We will make sure this pledge is part of local co-production work and as part of Social Value in Commissioning.



We will work with people and families to create the plan for **working on this pledge together**.



We will set up co-production teams to help us review our progress and set priorities for improving our level of co-production (*with the help of a toolkit*).



We will publish **accessible reports** to share how we are doing locally in working on this pledge.

# How will people and families know if this pledge is being taken seriously and working?



People with support needs, advocates and families came together with health and social care professionals to write this pledge.



They told us some of the things we would expect people and families to be saying if the pledge is used well in local areas.

# Co-production is being taken seriously by us all



'I see **different views being listened to** from a variety of people (not necessarily the same people all the time)'



'I see **important decisions being made** as a result of co-production'



'I have **access to the training and support** I need to understand the health and social care system'



'I **feel confident** to take part in co-production activity'

**Confident**



# People are valued and supported



Understand

'I understand the **process** and **feel part of it**'



'I feel valued and recognised for my contribution'



'I feel I am **part of the solution** now and **not the problem**'



'I understand how **my views have helped** to make positive change'

# Co-production is having a positive impact for those involved



'I feel that I have **choice** and I am in **control**'



'Co-production is **helping me to get back to work**'



'I have learnt and been supported to understand how to make a difference'



'I understand how my views have helped to **make positive change**'

# Co-production meetings are working well



'I feel happy to be **involved in the meetings**'



'I have plenty of opportunities to be involved'



'I enjoy helping to make co-production work'



'I don't always get my way but I **understand why**'

# Co-production is having a positive impact



'I feel as though I have been given the power to inform changes'



'I see real action taken from my views'



'I am seeing **positive change** which is improving service delivery and improving lives'



'I understand what **can be done** and **cannot be done** at this moment in time'





This booklet was translated into Easy-Read by Ace Anglia, Accessible Information, using Photosymbols®

## Contact us:



**info@aceanglia.com**



**01449 678088**