

Norfolk Health Overview and Scrutiny Committee

Date: **Thursday, 25 May 2017**

Time: **11:00**

Venue: **Edwards Room, County Hall,
Martineau Lane, Norwich, Norfolk, NR1 2DH**

Persons attending the meeting are requested to turn off mobile phones.

Members of the public or interested parties who have indicated to the Committee Administrator, Timothy Shaw (contact details below), before the meeting that they wish to speak will, at the discretion of the Chairman, be given a maximum of five minutes at the microphone. Others may ask to speak and this again is at the discretion of the Chairman.

Membership

Main Member	Substitute Member	Representing
Michael Chenery of Horsbrugh	Vacancy	Norfolk County Council
Mrs A Claussen-Reynolds	Mr G Williams	North Norfolk District Council
Ms E Corlett	Ms C Rumsby	Norfolk County Council
Mr N Dixon	Vacancy	Norfolk County Council
Mr F Eagle	Vacancy	Norfolk County Council
Mr A Grant	Vacancy	Norfolk County Council
Mr D Harrison	Vacancy	Norfolk County Council
Mrs L Hemsall	Mr J Emsell	Broadland District Council
Ms B Jones	Ms C Rumsby	Norfolk County Council
Dr N Legg	Mr C Foulger	South Norfolk District Council
Dr K Maguire	Ms L Grahame	Norwich City Council
Mr R Price	Vacancy	Norfolk County Council
Vacancy	Mrs M Fairhead	Great Yarmouth Borough Council
Mr P Wilkinson	Mr R Richmond	Breckland District Council
Mrs S Young	Mr T Smith	King's Lynn and West Norfolk Borough Council

**For further details and general enquiries about this Agenda
please contact the Committee Officer:**

Tim Shaw on 01603 222948 or email committees@norfolk.gov.uk

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A g e n d a

- 1 Election of Chairman**
The Chairman to be elected from the County Council Members on the Committee.
- 2 Election of Vice Chairman**
The Vice-Chairman to be elected from the other Members on the Committee.
- 3 To receive apologies and details of any substitute members attending**
- 4 NHOSC minutes of 6 April 2017** **Page 5**
- 5 Declarations of Interest**
If you have a **Disclosable Pecuniary Interest** in a matter to be considered at the meeting and that interest is on your Register of Interests you must not speak or vote on the matter.

If you have a **Disclosable Pecuniary Interest** in a matter to be considered at the meeting and that interest is not on your Register of Interests you must declare that interest at the meeting and not speak or vote on the matter

In either case you may remain in the room where the meeting is taking place. If you consider that it would be inappropriate in the circumstances to remain in the room, you may leave the room while the matter is dealt with.

If you do not have a Disclosable Pecuniary Interest you may nevertheless have an **Other Interest** in a matter to be discussed if it affects
 - your well being or financial position
 - that of your family or close friends
 - that of a club or society in which you have a management role
 - that of another public body of which you are a member to a greater extent than others in your ward.
If that is the case then you must declare such an interest but can speak and vote on the matter.
- 6 Any items of business the Chairman decides should be considered as a matter of urgency**
- 7 Chairman's Announcements**

Appointment of Members to:-

(a) Great Yarmouth and Waveney Joint Health Scrutiny Committee

(b) Link roles with local NHS Clinical Commissioning Groups and NHS Provider Trusts

To agree the proposed forward work programme

Chris Walton
Head of Democratic Services
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Date Agenda Published: 17 May 2017



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**NORFOLK HEALTH OVERVIEW AND SCRUTINY COMMITTEE
MINUTES OF THE MEETING HELD AT COUNTY HALL, NORWICH
On 6 April 2017**

Present:

Mr R Bearman	Norfolk County Council
Mr M Carttiss (Chairman)	Norfolk County Council
Ms E Corlett	Norfolk County Council
Michael Chenery of Horsbrugh	Norfolk County Council
Mrs A Claussen-Reynolds	North Norfolk District Council
Mrs E Corlett	Norfolk County Council
Mr D Harrison	Norfolk County Council
Mrs L Hempsall	Broadland District Council
Dr N Legg	South Norfolk District Council
Mrs M Stone	Norfolk County Council
Mrs S Young	King's Lynn and West Norfolk Borough Council

Substitute Members Present:

Ms L Grahame for Dr K Maguire	Norwich City Council
Mrs S Gurney for Mrs J Chamberlin	Norfolk County Council

Also Present:

Jonathan Stanley	Child and Adolescent Mental Health Services (CAMHS) Strategic Commissioner, Norfolk County Council and Clinical Commissioning Groups
Clive Rennie	Assistant Director of Commissioning Mental Health and Learning Disabilities, Jonathan Stanley: CAMHS Strategic Commissioner
Ricky Cooper	Head of Social Work, Children's Services, Norfolk County Council
Philip Beck	Head of Services and Partnerships (Great Yarmouth), Children's Services, Norfolk County Council
Jan Thomas	Associate Locality Director, Integrated Services, IC24
Dr Nick Wilford	Associate Medical Director, IC24
Nikki Cocks	Director of Operations and Delivery, Norwich CCG
Lorraine Gray	Chief Operating Officer, IC24
Katherine Pitts	Deputy Chief Operating Officer, IC24
Gilly Carliell	Associate Director of Communications & Engagement, IC24
Judith Bell	Healthwatch Norfolk
Maureen Orr	Democratic Support and Scrutiny Team Manager
Chris Walton	Head of Democratic Services
Tim Shaw	Committee Officer

1 Apologies for Absence

Apologies for absence were received from Mrs J Chamberlin, Mrs A Claussen-Reynolds, Mr P Gilmour, Dr K Maguire, Mrs S Weymouth and Mr P Wilkinson.

2. Minutes

The minutes of the previous meeting held on 23 February 2017 were confirmed by the Committee and signed by the Chairman.

3. Declarations of Interest

- 3.1 There were no declarations of interest from Members of the Committee.

4. Urgent Business

There were no items of urgent business.

5. Chairman's Announcements

- 5.1 The Chairman pointed out that Mrs S Gurney was attending her first meeting of the Committee as a substitute member for Mrs J Chamberlin.

6 Children's Mental Health Services in Norfolk

- 6.1 The Committee received a suggested approach by Maureen Orr, Democratic Support and Scrutiny Team Manager, to a report from Child and Adolescent Mental Health Services (CAMHS) commissioners that examined the development of children's mental health services under the Local Transformation Plan and the early outcomes for service users.

- 6.2 The Committee received evidence from Jonathan Stanley, Child and Adolescent Mental Health Services (CAMHS) Strategic Commissioner, Norfolk County Council and Clinical Commissioning Groups, Clive Rennie, Assistant Director of Commissioning Mental Health and Learning Disabilities, Jonathan Stanley, CAMHS Strategic Commissioner, Ricky Cooper, Head of Social Work, Children's Services, Norfolk County Council and Philip Beck, Head of Services and Partnerships (Great Yarmouth), Children's Services, Norfolk County Council.

- 6.3 The following key points were noted:

- The speakers said that the 5 CCGs had agreed to allocate a minimum of £1.9m per annum to children's mental health services, which was the amount originally allocated in 2015-16.
- NHS England had included uplifts to LTP funding within the CCGs baseline core funding. For 2017-18, the CCGs budget had increased to £3.1m. However, the uplifts were not ring fenced and had to be considered against all other cost pressures affecting CCGs.
- Ms Corlett and Mrs Stone outlined the recommendations of the Children's Services Committee Task and Finish Group on children's emotional wellbeing that were set out in the report. Members who had served on the Task and Finish Group said that the Group's findings had identified early intervention to

be critical in improving the emotional wellbeing of children. Many children and adolescents who experienced mental health problems had not had appropriate interventions at a sufficiently early age.

- The Task and Finish Group had identified the need to develop a common language for use by social care, medical professionals and schools to describe incidents of mental health in children.
- Members spoke about how mental health was often related to issues of social deprivation and emotional distress.
- The speakers considered the performance of children's mental health service in Norfolk to be good when set against the national average waiting times for CAMHS.
- The speakers said that all 5 CCGs had signed up to plans for the redesign of the mental health pathways and for greater integration of the system by April 2019. All of the service developments promised in the original LTP were now either close to being implemented or were fully operational.
- The service developments that went live on 1st April 2017 were set out in the report. They included an expanded specialist CAMHS crisis assessment function which would be available up until midnight during the week, and for at least 4 hours on weekend and bank holiday days (with cover provided out of those hours by the Adult Crisis Teams) and an extension to the core/team service opening hours of Norfolk and Suffolk Foundation Trust (NSFT) to 8am-8pm on week days.
- The speakers said that the CCGs and their partners had focused on work that was aimed at redesigning the entire mental health system for children and young people. The CCGs had consulted with a wide range of partners about the promised improvements and were keeping parents and service user groups informed about progress.
- Members said that the CCGs had to be careful not to spend too much time on what could be seen as a "product rebranding exercise."
- In reply, the speakers said that the service review was much more than a "rebranding exercise". The review was about the development of children's mental health services and the specialist CAMHS activity commissioned by the CCGs and NCC. The approach being taken was primarily aimed at the two largest service providers. The improvements (which were set out in the report) were negotiated with the two service providers as contract variations.
- Members said that they would like to see evidence of plans for service integration with a wider range of service providers, including single point of access. Members acknowledged that this would require significant changes in the contractual arrangements with several existing providers.
- The speakers spoke about the CCGs aim to provide a single point of access to mental health services provided by Norfolk and Suffolk NHS Foundation Trust (NSFT) and Point 1 in the short term, and encompassing other partners in the longer term. A fully integrated service would depend on the availability of long term funding.
- The speakers said that in recent years a number of new pathways had become available to parents and young people when seeking help, however, up to 80% of referrals still came from GPs following a traditional referral route.
- Members spoke about the need for more public information on the type of help that was available to parents and children and about where parents should look to find help in the quickest possible time.
- In reply, the speakers said that the number of referrals and the number of active service users continued to increase significantly from one year to the next. The current locally agreed Norfolk waiting time standard was for 80% of CAMHS patients to be seen within 8 weeks of their referral being received by

the NSFT. The speakers said that this standard was being met for 90% of CAMHS patients.

- In reply to questions about whether they considered the local waiting time standard to be adequate, the speakers said that the Norfolk waiting time standard was far more ambitious than the standard in many areas of England. The mean average waiting time for England as a whole was 17 weeks.
- Members spoke about how a refusal to proceed with an initial health assessment for a Looked After Child could lead to long term implications for that child's health and queried whether it was children or carers who refused the assessments.
- The speakers said that over the last year there were 45 refusals of children's mental health assessments. In the previous year there were 52 refusals. Nearly all of the refusals related to older adolescents. The national average acceptance rate of a mental health assessment was 89%.
- Members asked to be informed of the percentage (as well as the actual figure) for the number of refusals to accept a mental health assessment in Norfolk. This statistic would help to provide Members with a greater understanding of the scale of the issue.
- In reply to questions, the speakers said that Children's Centres had identified a year on year increase in the number of children with mental health issues. They said that an initial reluctance by a child to undergo a mental health assessment usually became less of an issue after work with parent and child/adolescent had begun and trust and confidence with specialist nursing staff and family support workers was established.
- The Chairman spoke about how each mother and child seeking help had their own unique set of issues and needs.
- Other Members spoke about the importance of giving priority to individuals with parental responsibilities in order to reduce the impact upon their family of not receiving treatment. They spoke about the importance of giving priority to meeting the specific needs of mothers who suffered from depression, anxiety, or in some cases psychosis, during pregnancy or in the first year after childbirth.

6.4 The Committee took a break at this point in the proceedings and the speakers left the meeting.

6.5 Later in the meeting it was **agreed** that:-

- a. The Committee noted there were reports on the way forward but was disappointed that a target date for concrete achievements was difficult to find.
- b. The Committee endorsed the recommendation by the Children's Services Committee Task and Finish Group on Children's Emotional Wellbeing and Mental Health:-
That the Local Transformation Plan be scrutinised on a regular basis by Children's Services Committee in order to ensure it is delivering for the children and young people of Norfolk.

6.6 The Committee also **agreed** as part of the forward work programme (at item 9 on the agenda):

- That representatives of Children's Services Committee should be invited to the meeting when NHOSC next looks at the subject on 20 July 2017.

7 **IC24's NHS 111 and GP Out of Hours service in Central and West Norfolk**

- 7.1 The Committee received a suggested approach by Maureen Orr, Democratic Support and Scrutiny Team Manager, to a report from IC24 and Norwich CCG on progress with the NHS 111 and GP Out of Hours (OOH) service in central and west Norfolk.
- 7.2 The Committee received evidence from Jan Thomas, Associate Locality Director, Integrated Services, IC24, Dr Nick Wilford, Associate Medical Director, IC24 and Nikki Cocks, Director of Operations and Delivery, Norwich CCG.
- 7.3 The following key points were noted:
- The speakers said that the Care Quality Commission had rated IC24 as providing a good service.
 - One of the key performance measures mentioned in the report, the number of abandoned calls, where a caller hung up before the conversation started, had dropped significantly in recent months.
 - Members suggested that OOH staff should place more emphasis on identifying the amount of pain that OOH service users were in when deciding on the most appropriate response to meet service user needs.
 - In reply, the speakers said that OOH care staff were qualified registered nurses and paramedics who had the expert knowledge base, complex decision making skills and clinical expertise to assess the amount of pain that patients were in and to put in place the most appropriate response. This multi-disciplinary skills mix worked very well and was supported by a stable GP workforce who remained committed to leading the OOH service.
 - One of the key national issues for GPs working in OOH was the challenge of increased indemnity costs.
 - It was pointed out that indemnity insurance, which had been discussed at previous Committee meetings, was an obligatory requirement and remained a barrier to the recruitment of more GPs in out-of-hours services. IC24 could not provide this insurance since to do so could change the employment status of those who worked for IC24. This issue continued to be taken up at the national level.
- 7.4 The Committee **noted** the progress that had been made.
- 8 Potential joint health scrutiny committee for Norfolk and Waveney**
- 8.1 The Committee received a report that asked Members to approve terms of reference for a potential joint health scrutiny committee with Suffolk, on a task and finish basis, to cover the Norfolk and Waveney Sustainability Transformation Plan (N&W STP) footprint.
- 8.2 The Committee **agreed** the draft terms of reference at Appendix A to the report and authorised them to be used, subject to the agreement of Suffolk Health Scrutiny Committee, to establish a joint health scrutiny committee with Suffolk County Council on a task and finish basis in the event of consultations on proposals for substantial changes to health and care services on a cross-border footprint which goes wider than the Great Yarmouth and Waveney area.
- 9. Forward Work Programme**
- 9.1 The forward work programme was **agreed** with the following addition:-

20 July 2017 – **Waiting times for Children’s Mental Health Services in Norfolk**
(see minute 6 above).

- 9.2 It was noted that Ms Corlett had arranged for a visit to the Police Investigation Centre and the mental health team who operated there. The Police had said to Ms Corlett that other Members would be welcome to attend. The date for the visit would be circulated to Members of the Committee.

10 **Mr Michael Carttiss**

- 10.1 Dr Nigel Legg, Vice-Chairman of the Committee, placed on record Members’ thanks and best wishes for the future to Mr Michael Carttiss who was not standing for election in the forthcoming County Council elections and for whom this was his last meeting of the Committee. The Committee was informed that Mr Carttiss had served as Chairman of NHOSC on two occasions for a total of 10 years. He was elected to serve on the County Council at a total of five elections. During his 51 years in public service Mr Michael Carttiss had served as Chairman of the County Council and had been elected as MP for Great Yarmouth. Dr Legg said that Mr David Bradford had asked him to pass on his best wishes to Mr Michael Carttiss. Mr Bradford had said that although they were from different parties and had very different views on some matters he respected Michael's chairmanship of the NHOSC and had always recognised that Michael was a supporter of the National Health Service.

Chairman

The meeting concluded at 12.50 pm



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Norfolk Health Overview and Scrutiny Committee appointments

Report by Maureen Orr, Democratic Support and Scrutiny Support Manager

The Committee is asked to appoint Members to Great Yarmouth and Waveney Joint Health Scrutiny Committee and link members with local CCGs and NHS provider trusts.

1. Appointments

1.1 The following lists show the roles to which NHOSC makes appointments, the names of members who currently serve in these roles and the vacancies that currently exist.

1.2 Great Yarmouth and Waveney Joint Health Scrutiny Committee

Meets quarterly. The joint committee is composed of six members, three from Suffolk Health Scrutiny Committee and three from NHOSC. The three nominations are not required to be in line with the political balance of Norfolk County Council. One must be the Great Yarmouth and Waveney Borough Council member of NHOSC. The other two may be appointed from the Great Yarmouth area or adjoining districts where a proportion of their residents look in the first instance to the James Paget University Hospital NHS Foundation Trust for acute services. Other members of NHOSC can substitute for the joint committee members as and when required.

NHOSC appointees (3)

VACANCY (*the Great Yarmouth Borough Council member of NHOSC*)

VACANCY

VACANCY

1.3 Clinical Commissioning Group links (1 for each CCG)

Link members are nominated to attend CCG meetings held in public in the same way as a member of the public might attend. Their role is to observe the CCG meetings, keep abreast of developments in the CCGs area and alert NHOSC to any issues that may require the committee's attention.

The nominated member or a nominated substitute may attend in the capacity of NHOSC link member. It is not essential for NHOSC to nominate substitute CCG links but it may nominate substitutes if it wishes. The CCG meetings are open to the public and other

members may therefore attend as members of the public if they wish.

The named members below are those who were last appointed to these roles and are still members of NHOSC. The committee may change any of these nominations.

North Norfolk CCG (meets every other month in Aylsham; variable times, usually morning or midday start; next scheduled meeting Tuesday 25 July 2017)

NHOSC link

M Chenery of Horsbrugh
(Substitute – Mr D Harrison)

South Norfolk CCG (meets every other month at Hethel Engineering Centre; usually starting at 1.30pm; next scheduled meeting Tuesday 25 July 2017)

NHOSC link

Dr N Legg
(Substitute – **VACANCY**)

Great Yarmouth and Waveney CCG (meets every other month in Beccles; meetings start at 1.30pm; next scheduled meeting Thursday 20 July 2017)

NHOSC link

VACANCY
(Substitute – Mrs M Fairhead)

West Norfolk CCG (meets in Feb, Mar, May, Jun, Jul, Sep, Nov & Dec at the offices of the Borough Council of King's Lynn and West Norfolk; meetings usually start at 9.30am; next scheduled meeting Thursday 29 June 2017)

NHOSC link

M Chenery of Horsbrugh
(Substitute – Mrs S Young)

Norwich CCG (meets every other month in City Hall, Norwich; meetings usually start at 2.00pm; next scheduled meeting 25 July 2017)

NHOSC link

VACANCY
(Substitute – Ms E Corlett)

1.4 Provider Trust links (1 for each local NHS provider organisation)

Link members are nominated to attend local NHS provider organisation meetings held in public in the same way as a member of the public might attend. Their role is to observe the meetings, keep abreast of developments in provider organisations and alert NHOSC to any issues that may require the committee's attention.

The nominated member or a nominated substitute may attend in the capacity of NHOSC link member. It is not essential for NHOSC to nominate substitute provider trust links but it may nominate

substitutes if it wishes. The trust meetings are open to the public and other members may therefore attend as members of the public if they wish.

The named members below are those who were last appointed to these roles and are still members of NHOSC. The committee may change any of these nominations.

The Queen Elizabeth Hospital NHS Foundation Trust (meets every other month at the hospital, starting at 1.00pm; next scheduled meeting 25 July 2017)

NHOSC link

M Chenery of Horsbrugh
(Substitute – Mrs S Young)

Norfolk and Suffolk NHS Foundation Trust (meets monthly in Norwich or Ipswich; usually starting in the morning or at lunchtime; next scheduled meeting 29 June 2017)

NHOSC link

Michael Chenery of Horsbrugh
(Substitute – **VACANCY**)

Norfolk and Norwich University Hospitals NHS Foundation Trust (meets every other month at the hospital, starting at 9.00am; next scheduled meetings 26 May and 28 July 2017)

NHOSC link

Dr N Legg
(Substitute - **VACANCY**)

James Paget University Hospitals NHS Foundation Trust (meets monthly at the hospital (not August) starting at 9.30am; next scheduled meetings 26 May and 30 June 2017)

NHOSC link

Mrs L Hempsall
(Substitute - **VACANCY**)

Norfolk Community Health and Care NHS Trust (meets on the last Wednesday of every month, usually at Norwich Community Hospital starting at 9.30am; next scheduled meeting 31 May 2017)

NHOSC link

VACANCY
(Substitute – **VACANCY**)

2. Action

2.1 The Committee is asked to:-

- (a) Nominate three members to Great Yarmouth and Waveney Joint Health Scrutiny Committee. One must be the Great Yarmouth Borough Council representative on NHOSC and the other two must represent areas where a proportion of the populations looks to the James Paget University Hospitals NHS Trust for acute services (see paragraph 1.2).

- (b) Appoint new link members with Great Yarmouth and Waveney and Norwich CCGs and a new substitute link member with South Norfolk CCG. Confirm the other named CCG link members (see paragraph 1.3) in their roles or appoint different link members and substitutes.
- (c) Appoint a new link members with Norfolk Community Health and Care NHS Trust and new substitute link members with the other four trusts. Confirm the other named provider trust link members and substitute link members (see paragraph 1.4) in their roles or appoint different link members and substitutes.



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Norfolk Health Overview and Scrutiny Committee

ACTION REQUIRED

Members are asked to suggest issues for the forward work programme that they would like to bring to the committee's attention. Members are also asked to consider the current forward work programme:-

- whether there are topics to be added or deleted, postponed or brought forward;
- to agree the briefings, scrutiny topics and dates below.

Proposed Forward Work Programme 2017

<i>Meeting dates</i>	<i>Briefings/Main scrutiny topic/initial review of topics/follow-ups</i>	<i>Administrative business</i>
20 July 2017	<u>Availability of acute mental health beds</u> – concerns about prolonged detentions in police cells / out of area placements. <u>Waiting times for Children's Mental Health Services in Norfolk</u>	<i>Re-scheduled from 25 May 2017</i>
7 Sept 2017	<u>Speech and language therapy</u> – concerns about waiting times for children. <u>Children's autism and sensory processing assessment / therapy</u> – concerns about availability of services and waiting times.	<i>Re-scheduled from 20 July 2017</i> <i>Rescheduled from 25 May 2017</i>
26 Oct 2017	<u>Ambulance Response and Turnaround Times in Norfolk</u> – update on progress since 13 October 2016	<i>Provisional – the committee agreed that it <u>may</u> wish to look at this subject</i>

NOTE: These items are provisional only. The OSC reserves the right to reschedule this draft timetable.

Provisional dates for report to the Committee / items in the Briefing in 2017

26 Oct 2017 – *In the NHOSC Briefing* – Introduction of the Primary Care Education and Training Tariff – update from Mr I Newton, Department of Health (follow up to Members' informal meeting with Mr Newton on 29 Sept 2016).

Provisional – February 2018 – Continuing healthcare – an update on progress since Feb 2017.

Main Committee Members have a formal link with the following local healthcare commissioners and providers:-

Clinical Commissioning Groups

North Norfolk	-	M Chenery of Horsbrugh (substitute Mr David Harrison)
South Norfolk	-	Dr N Legg (substitute <i>vacancy</i>)
Gt Yarmouth and Waveney	-	<i>Vacancy</i> (substitute Mrs M Fairhead)
West Norfolk	-	M Chenery of Horsbrugh (substitute Mrs S Young)
Norwich	-	<i>Vacancy</i> (substitute Ms E Corlett)

NHS Provider Trusts

Queen Elizabeth Hospital, King's Lynn NHS Foundation Trust	-	M Chenery of Horsbrugh (substitute Mrs S Young)
Norfolk and Suffolk NHS Foundation Trust (mental health trust)	-	M Chenery of Horsbrugh (substitute <i>vacancy</i>)
Norfolk and Norwich University Hospitals NHS Foundation Trust	-	Dr N Legg (substitute <i>vacancy</i>)
James Paget University Hospitals NHS Foundation Trust	-	Mrs L Hempsall (substitute <i>vacancy</i>)
Norfolk Community Health and Care NHS Trust	-	<i>Vacancy</i> (substitute <i>vacancy</i>)