

A healthier Norfolk and Waveney – an update on our system plan

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The story so far..

- Our system plan was submitted 15th November 2019
- Excellent regional and local feedback
- Plan 'signed off' by region, approved locally by STP Executive, STP Oversight Group, Norfolk HWB, Suffolk HWB (endorsed)
- Current thinking suggests publication of some plans early March, and remainder post-budget
- 20/21 operating plan being developed
- Being written through the lens of our 3 goals:
 - 1. To make sure that people can live as healthy a life as possible.**
 - 2. To make sure you only have to tell your story once.**
 - 3. To make Norfolk and Waveney the best place to work in health and care.**

The story so far..

NHS Operational Planning and Contracting Guidance 2020/21 (31/1/20)

- ‘Deliver the 20/21 elements of the Long Term Plan...which local systems have developed through their strategic plans’.
- ‘Maintain and improve access to services’
 - UEC: Improve performance and expand capacity; reducing bed occupancy to 92%
 - Elective care: stabilise / reduce waiting lists; eradicate 52 ww, reduce face to face outpatients
 - Cancer: improve performance esp. 62 day standard, ensure 70% cancer diagnosis w.in 28 days.
- ‘Expand primary and community services’
 - Inc. investment in primary medical and community services; lift spend by £4.5bn in real terms by 2023/24
 - Inc. no. of GPs working in primary care
 - Inc. no of GP appointments to address long waits, 100% population access to online GP consultations

The story so far..

NHS Operational Planning and Contracting Guidance 2020/21 (31/1/20)

- Meet the MHIS including IAPT expansion by 14%
 - Improve outcomes for people with LD or autism, reduce inpatient care
 - Implement the People Plan, 20/21 focus on inc. no. of nurses
 - Reduce carbon footprint, single-use plastics, tackle air pollution
 - ‘live within financial trajectories’, optimising use of RightCare, Model Hospital, GIRFT to reduce unwarranted variation
 - ‘system by default’; embed and strengthen governance, prepare for ICS status.
 - ‘work.. within systems inc. NHS and wider partners to take a ...proactive approach on the prevention of ill-health’
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Our 20/21 plan

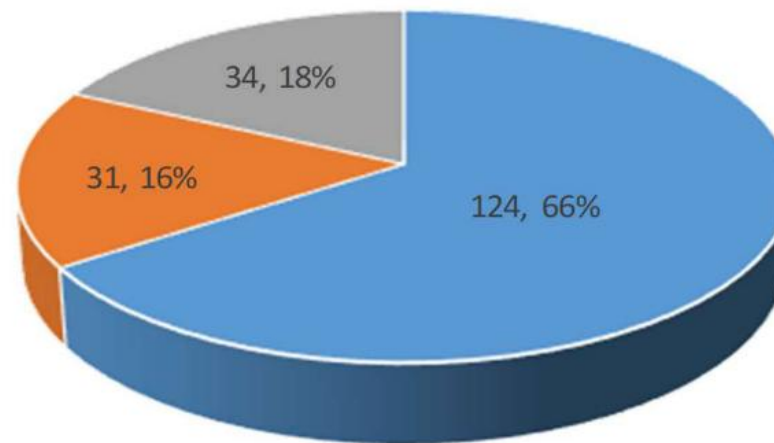
- Must demonstrate clear alignment with our system plan; narrative, finance, activity, workforce
- Must demonstrate delivery of Planning Guidance ‘must-do’s’
- Intended to compliment / to be read along-side our system plan
 - Following similar chapter and layout
 - Does not replicate content; context setting or evidence-base
- At 26th February 2020:
 - there are 133 objectives identified for delivery from 2020/21
 - A total of 425 over the life of our plan

Our 20/21 plan

Written through the lens of our 3 goals:

The 'Three Goals' our objectives contribute to

- 1. To make sure that people can live as healthy a life as possible
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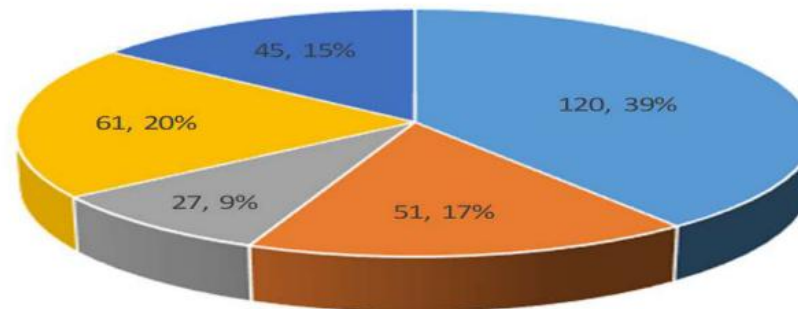


Our 20/21 plan

Acknowledging

delivery of our 5 big changes:

The 'Five Big Changes' our objectives contribute to



- 1. We will help people to make healthier choices to prevent them from getting ill and we will treat and manage illnesses early on
- 2. Our GPs, nurses, social workers, mental health workers and other professionals will work together in teams, in the community, to provide people with more coordinated care
- 3. Our hospitals will work more closely together so people get treated quicker in an emergency and don't have to wait as long for surgery and other planned care
- 4. We will work together to recruit more staff and we'll invest more in the wellbeing and development of our workforce
- 5. New technology will modernise our health and care services, making it quicker and easier for people to get the care they need

Our 20/21 operating plan - cancer

20/21 cancer priorities:


- Prevent as many people as possible from developing cancer
- Increase cancer survival
- Increase the number of cancers diagnosed earlier
- Improve the supportive and personalised care for people with cancer

How do these relate to:

1. Local need/what people tell us about local cancer services?

“...less time to find out if you have cancer.. more involvement in decision making, more supportive care...”

2. Our national cancer priorities?

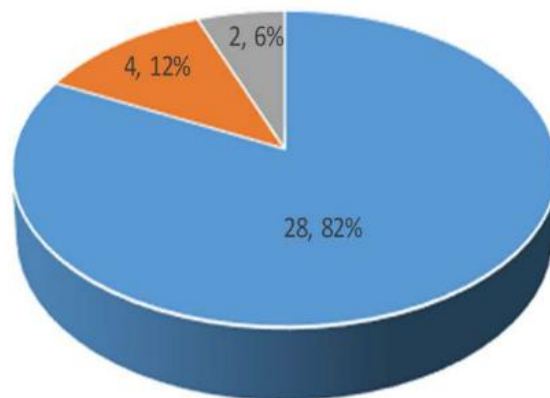
- Improve screening uptake
 - Deliver new 62 day waiting time / new Faster Diagnosis Standard / 2 week GP to consultant waiting time
 - Implement cancer recovery package for breast, colorectal and prostate
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Our 20/21 operating plan - cancer

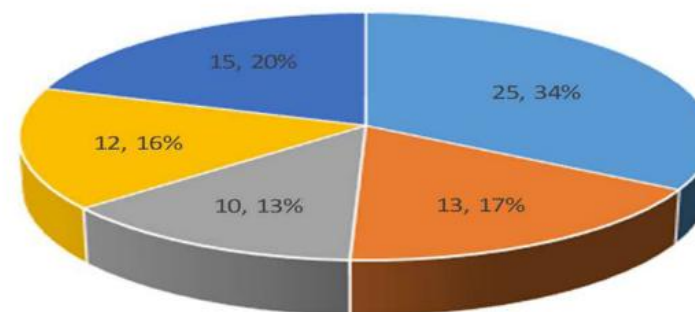
- 28 objectives for delivery in 20/21

The 'Three Goals' our objectives contribute to

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Our 20/21 operating plan - cancer

How are we going to deliver?
9 project areas:

1. Reducing the risk of cancer

2. Increase uptake of cancer screening

3. Earlier/faster diagnosis

4. Improving treatment

5. Personalised care

6. Sustainable workforce

7. Improve patient experience

8. Reducing inequalities

9. Evaluating impact

Our 20/21 operating plan - cancer

How are we going to deliver – example project area


Personalised care	• Local hospitals to implement cancer recovery package for breast, colorectal and prostate cancer patients	Breast Mar 20 Colorectal / prostate Mar 21
	• Local hospitals to implement personalised follow-up with IT remote monitoring for cancer specific sites	Breast Mar 20 Colorectal / prostate Mar 21
	• Work in partnership with PCNs to improve the quality of cancer care reviews	Apr 20
	• NNUH/JPUH to commence a pilot for community cancer nursing services closer to home	Jun 21
	• Local hospitals to offer cancer patients tailored advice on healthy lifestyles to support recovery and reduce risk of cancer returning	Apr 21

Our 20/21 operating plan - cancer

How will we engage?

- We will support patients and carers to participate in our clinical groups and ensure patients and Healthwatch are members of the system Cancer Locality Board
- Via cancer service user and support groups we will collect patients stories and hold engagement events
- We will collate themes from patient and carer events in partnership with Macmillan and the Cancer Alliance to the learning can be shared.

What is the impact on the wider determinants of health?

- “We work in partnership with public health, PCNs and Population Health Management to use cancer information to improve the uptake of screening, raise awareness of lifestyle risk and the signs and symptoms of cancer...”
 - “This approach supports PCNs to improve the uptake of cancer screening by identifying non-attenders...”
 - “We work with communications and engagement leads to improve the impact of national prevention campaigns for local communities’
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Our 20/21 operating plan – prevention and personalisation

20/21 priorities:


1. Infection prevention and control

- Optimising the use and reduce the need for antibiotics
- Improving uptake of flu vaccination for at-risk groups and front line staff

2. Healthy behaviours

- Developing health coaching and behaviour change skills in our workforce
- NHS sites to become 'smoke free' and target stop smoking programmes
- Improve quality of contraceptive advice in primary care
- Promoting a positive view of aging

3. Community, tackling health inequalities / wider determinants of health

- Development of social prescribing
 - Proactive referrals for benefits advice and warm home grants
 - Joint work to support stronger healthier communities with District Councils
 - Protecting communities at risk (floods / extreme weather)
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Our 20/21 operating plan – prevention and personalisation

20/21 priorities; how do these relate to:

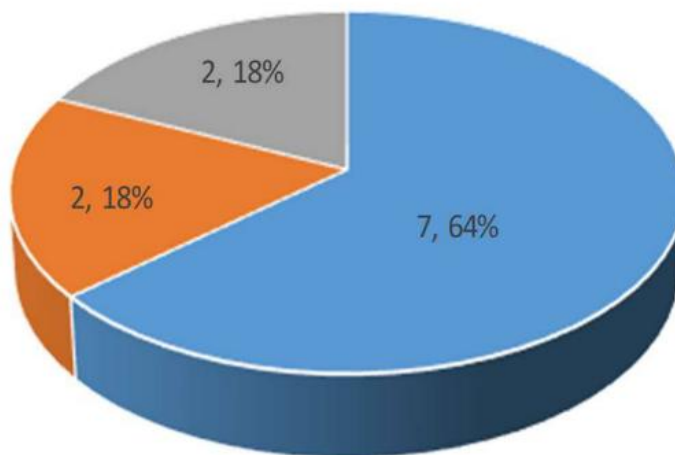
1. Local need / what people tell us?
 - We should have a real focus on prevention. “The earlier you deal with issues, the cheaper and more effective it is.”
 - Our approach should focus on CYP, coupled with support for parents and carers.
 - We should build active and involved communities
 - We should address the wider determinants of health (jobs, homes, environment)
2. Our national and local priorities?
 - ✓ NHS LTP
 - ✓ HWB priorities
 - ✓ DPH Annual Report

Our 20/21 operating plan – prevention and personalisation

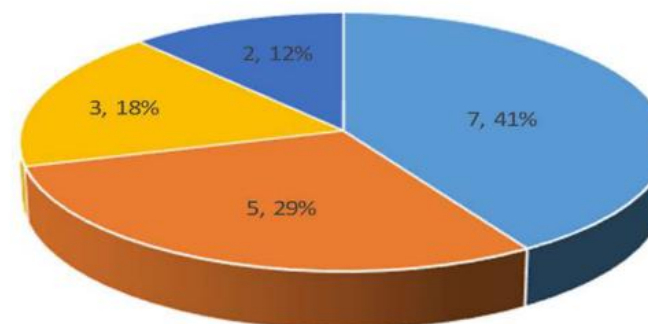
- 7 objectives for delivery in 20/21.

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Our 20/21 operating plan – prevention and personalisation

How are we going to deliver? – example project area: Smoking /tobacco control

Smoking / tobacco control	<ul style="list-style-type: none">• Delivery of N&W smoke-free pregnancy pathway – for expectant mothers and their partners. Entire family can be treated together.	March 21
	<ul style="list-style-type: none">• Delivery of tobacco control strategies for Norfolk and Suffolk including Smoke Free NHS. NNUH, JPH, QEH moving to smoke-free status in 2020	March 21
	<ul style="list-style-type: none">• Early implementer sits for in-patient stop smoking at JPH. Every person admitted to hospital who smoke will be offered support to quit.	March 21

Our 20/21 operating plan – prevention and personalisation

How are we going to deliver? – example project area: Mental health and wellbeing

Development of a prevention and wellbeing strategy	<ul style="list-style-type: none">• Review of progress and impact of the implementation of the Prevention Concordat for Better Mental Health	March 21
Implementing our Suicide Prevention Strategy	<ul style="list-style-type: none">• Review of current strategy with partners• Ensure funding allocated and projects evaluation• Continue to develop real-time surveillance to ensure trends and learning identified quickly	March 21

Our 20/21 plan

- Challenging timeline:
 - 5th March Draft submission
 - 29th April Final submission
 - Awaiting KLOE's and 'what a good plan looks like' from region
- Engagement with public, stakeholders and staff
 - Timelines do not permit a further round of engagement
 - However, demonstrable, extensive local engagement in developing system plan
 - Each chapter is required to demonstrate how it will engage throughout the year on key programmes of work
 - Patient insight data: 19/20 Friends and Family Test, GP survey, complaints data being collated to inform final submission esp. at a locality/LDG level.