

# Norfolk and Suffolk

NHS Foundation Trust

<b>Report To:</b>	NHOSC
<b>Meeting Date:</b>	20 <sup>th</sup> July, 2017
<b>Title of Report:</b>	Availability of Acute Mental Health Beds
<b>Action Sought:</b>	
<b>Estimated time:</b>	
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<b>Director:</b>	Debbie White Director of Operations NSFT

## Report contents and Summary:

This report is concerning the availability of acute mental health beds, and is submitted to the NHOSC meeting of 20<sup>th</sup> July, 2017. The data that NSFT has used to compile this report is from the period 1<sup>st</sup> June 2016 to 31<sup>st</sup> May, 2017 (unless stated otherwise.)

This report does not include data relating to any patient who has “patient A” status.

## 1.0 Report contents Current numbers and locations of CCG Commissioned and NHS England Midlands and East commissioned NSFT acute inpatient mental health beds for adults and children in Norfolk and Suffolk are as follows:

<b>Adult and Child Inpatient Beds - Norfolk and Waveney</b>		
Great Yarmouth Acute Services	ADULT	20
Thurne Ward, Hellesdon	ADULT	15
Glaven Ward, Hellesdon	ADULT	20
Waveney Ward, Hellesdon	ADULT	20
Churchill Ward, Kings Lynn	ADULT	15
Rollsby ward, Hellesdon	ADULT PICU	10
Dragonfly Unit, Carlton Colville	CAMHS	7

Please be aware that Q2 and Q6 are based on adult inpatient beds available in month throughout the year. We have not included adult PICU and CAMHS beds in this data. Other beds available are as above.

## **2.0 The number of NSFT in-patient beds per 100,000 people in Norfolk compared to the number of beds per 100,000 in England**

The number of adult inpatient beds per 100,000 people in Norfolk is 10.2 beds. This compares to an average 11.2 acute inpatient psychiatric care for adult inpatient beds per 100,000 people in England

The following calculation guidance has been used to determine the number of beds in Norfolk compared to the national average:

According to Mental Health Network NHS Confederation Key facts and trends in mental health 2016 update

*“March 2015 figures from NHS Benchmarking, cited by the recent Commission to Review the Provision of Acute Inpatient Psychiatric Care for Adults, indicated that there are 6,144 acute adult NHS beds in England”*

According to the Office for National Statistics the estimate of population for 30 June 2015 for England was 54,786,300. Using this figure with the 6,144 acute adult beds the following figure has been obtained:

$$(6,144 / 54,786,300) * 100,000$$

= 11.2 acute inpatient psychiatric care for adult inpatient beds per 100,000 people in England.

## **3.0 The number of readmissions within four weeks of discharge from an in-patient bed during the past year.**

Ward Name	Total Admissions	Re-admissions	Percentage
GYAS	456	43	9%
West Norfolk	157	20	13%
Central Norfolk	512	46	9%

NOTE: Based on admissions between 1/06/2016 and 31/05/2017 and readmissions within 28 days

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**4.0 The number of people admitted, who have had an admission in the previous six months broken down by CCG area for Norfolk.**

		Adult	OP	CAMHS
GYAS	83	78	2	3
NORTH NORFOLK	61	56	0	5
NORWICH	182	178	0	4
SOUTH NORFOLK	46	45	1	0
WEST NORFOLK	59	59	0	0

NOTE: 1 readmission with London GP to Churchill ward and 3 readmissions with West Suffolk GP's not included in figures.

**5.0 Monthly figures showing the percentage occupancy level of NSFT's inpatient beds during the past year**

Year/Month	2016 06	2016 07	2016 08	2016 09	2016 10	2016 11	2016 12	2017 01	2017 02	2017 03
Bed Occupancy %	103.5	102.6	99.1	100.4	99.1	99.6	101.2	103.2	101.6	100.1

**6.0 For how many days in the past year has bed occupancy dropped below 100%**

The number of days that bed occupancy was below 100% in the last year (period 1<sup>st</sup> June 2016 to 31<sup>st</sup> May 2017), is 102 days. This data is for adult acute inpatient beds and excludes the Dragonfly unit.

**7.0 The numbers of out-of-Trust placements for adults and children during the past year, (showing both the number of individual placements and the total bed days, and showing out-of-Trust placements within Norfolk and Suffolk as well as out-of-Trust placements outside of the two counties.)**

OOT PLACEMENTS	ADULTS	CAMHS	DCLL	CLL
TOTAL PLACEMENTS OUTSIDE OF NORFOLK	105	46	36	10
TOTAL OOT PLACEMENTS WITHIN NORFOLK	145	0	0	3
TOTAL BED DAYS OUTSIDE OF NORFOLK	2084	4564	1408	138
TOTAL BED DAYS INSIDE OF NORFOLK	4378	0	0	145
TOTAL	6462	4564	1408	283

OOT and OOA placements								
<b>Placement</b>	<b>ADULT</b>	<b>BED DAYS</b>	<b>CAMHS</b>	<b>BED DAYS</b>	<b>DCCL</b>	<b>BED DAYS</b>	<b>CLL</b>	<b>BED DAYS</b>
BRISTOL PRIORY	1	7						
CAMBIAN WILLOWS			4	147				
CHEADLE PRIORY			1	76				
CHELMSFORD PRIORY	8	197	2	175			1	66
CYGNET BLACKHEATH	1	14						
CYGNET COVENTRY	1	3						
CYGNET HARROGATE	2	16						
CYGNET HARROW	1	40						
CYGNET SHEFFIELD			1	24				
CYGNET STEVENAGE	1	4						
CYGNET TAUNTON					3	197		
CYGNET WYKE	3	17			1	12	1	19
EAST LONDON NHS	1	24						
ELLERN MEADE			5	464				
HUNTERCOMBE MAIDENHEAD			2	94				
HUNTERCOMBE NORWICH			2	158				
HUNTERCOMBE ROEHAMPTON	2	118	1	109				
HUNTERCOMBE STAFFORD			2	237				
KNEESWORTH	28	565						
LONGVIEW			4	358				
MUNDESLEY	145	4378					3	145
PHOENIX CENTRE			9	1200				
POPLAR			1	33				
PRIORY POTTERS BAR	3	16						
PRIORY MIDDLETON ST GEORGE	2	31					2	10
PRIORY NOTTINGHAM	5	56						
PRIORY ROEHAMPTON	4	120	1	178			4	26
PRIORY ST NEOTTS					14	581	1	13
PRIORY WOKING	2	34					1	4
PRIORY TICEHURST	11	178	2	44				
RHODES WOOD			7	1000				
ST ANDREWS ESSEX	3	64			18	618		
ST AUBYNs			1	182				
THE DENE	26	568						
THE CROFT			1	85				
THORNFORD PARK	1	12						
<b>TOTAL</b>	<b>250</b>	<b>6462</b>	<b>46</b>	<b>4564</b>	<b>36</b>	<b>1408</b>	<b>13</b>	<b>283</b>

## 8.0 The numbers of people who have been detained in police custody waiting for a bed following assessment under the Mental Health Act in the past year

At the time of writing Norfolk Constabulary and NSFT are unable to provide this data. The custody database used by Norfolk Constabulary does not hold information about MHA assessment that take place in a Police Custody Suite in a format that is readily searchable. Information about the number of MHA assessments undertaken in Police Custody Suites is held by Norfolk County Council. In order to provide this information for NHOSC Norfolk Constabulary has

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drafted a Data Sharing Agreement (DSA) with NCC to obtain this information for the period 01.04.2016 – 31.03.2017 but at the time of writing this DSA is still awaiting sign-off. It is hoped that this DSA will be in place prior to 20<sup>th</sup> July so that a report can be provided in advance of the NHOSC meeting.

**9.0 For people that have been detained in police custody whilst waiting for a mental health bed during the past year, the length of time from the start of the Mental Health Act assessment to:**

- A mental health bed being identified
- The person leaving police custody to be conveyed to hospital.

Inspector Lucy King (Norfolk Constabulary Mental Health Lead) has provided the attached report which is a summary of all QIRs submitted during the period 01.04.2016 – 31.03.2017 when bed delays were a significant factor. These are the cases when the longest delays have been experienced.

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## Summary of all QIRs submitted during the period 01.04.2016 – 31.03.2017 when bed delays were a significant factor

Date of incident	Location	Summary
12.05.2016	Kings Lynn PIC	Male was arrested at 16.43 hrs on 12th May for Assault Police. He was taken to Kings Lynn PIC where it became apparent that he was experiencing a MH related crisis. He was referred to the Liaison and Diversion nurse who arranged for a full MHA assessment. He was assessed at 22.30hrs with the outcome being that he needed to be admitted to hospital under S2 MHA. Due to his risks he needed a Psychiatric Intensive Care Unit (PICU) placement. The Duty AMHP advised that there weren't any suitable beds available at that time. The male remained in the PIC overnight. At 10.02hrs the following day the PIC were advised that a bed was being sourced at Hellesdon Hospital but this was dependent on another patient being transferred before he could be admitted. At 15.49hrs the PIC were advised that the bed was now available and an ambulance had been booked for 1700hrs. A police escort was requested as a standard (non-secure) ambulance had been booked. By 17.48hrs the ambulance hadn't arrived. The Duty AMHP was contacted who investigated the delay and advised that no ambulance had been booked. She then arranged for a secure ambulance to attend the PIC with an ETA of 20.30hrs. At 20.50hrs the male left the PIC. Total detention period = 27hrs 46 mins.
26.06.2016	Kings Lynn PIC	Male was arrested for a Public Order offence and was taken to Kings Lynn PIC. Whilst in the PIC it became apparent that he was experiencing a MH crisis. A full MHA assessment was requested. There was an initial delay of 7 hours before the assessment team arrived. The male was assessed as being in need of hospital admission under Sec 2 MHA. Due to his risks a PICU bed was requested. A delay of nearly 26 hours then followed whilst NSFT sourced an appropriate bed. The male spent a total of 44 hours in police custody.

Date of incident	Location	Summary
22.06.2016	Wymondham PIC	Male was detained at Wymondham PIC for a Public Order Act offence. Due to his behaviour on arrival at the PIC he was referred to the L&D nurse who called for a full MHA assessment. The assessment took place promptly with the outcome being that the male needed to be admitted to hospital under Sec 2 MHA. Due to his risks a PICU bed was required. A delay of 26 hours then followed before a bed was found. As a result of this delay the male spent a total of 35 hours in the PIC.
11.08.2016	Kings Lynn PIC	Male was arrested for Affray and was taken to Kings Lynn PIC. He arrived at the PIC at 12.32hrs on 11/08/2016. At 14.09hrs a phone call was received from a MH nurse who advised that the male's mother had raised concerns about his mental state. As a result a full MHA assessment was requested. The male was assessed at 15.00hrs with the outcome being that he was in need of admission to hospital under Sec 2 MHA. Due to his risks he required a specialist (PICU) placement. There were no local beds available and efforts were made to source an out-of-county bed but this did not materialise. The male remained in the PIC overnight. At 12.12hrs on 12/08/2016 it was confirmed that a bed had become available on the PICU ward at Hellesdon Hospital but there would be a further delay as this was dependent on another patient being transferred. At 16.20hrs the Section 2 papers were signed and the male eventually left the PIC in an ambulance with a police escort at 18.00hrs. Total detention period = 29.5hrs.

Date of incident	Location	Summary
03.09.2016	Wymondham PIC	Male was arrested for criminal damage and was taken to Wymondham PIC. He arrived at the PIC at 14.09hrs on 03/09/2016. Concerns were raised about his mental state and he was referred to the Liaison and Diversion Nurse who subsequently requested a full MHA assessment. Male was assessed at 21.45 hrs with the outcome being that he was in need of admission to hospital under Section 2 MHA. No local beds were available at that time and the male remained in the PIC overnight. At 09.49hrs the following day a bed was found for him at the Denes Hospital in West Sussex. Due to his risks as secure private ambulance was requested to convey him. The male finally left the PIC at 19.15hrs on 04/09/2016. Total detention period = 29 hours.
16.01.2017	Kings Lynn PIC	Male was arrested for assault police. He was taken to Kings Lynn PIC where he was later assessed under the MHA. He was assessed as being in need of admission to hospital under Section 3 MHA but at the time of the assessment there were no inpatient beds available. As a result he was detained in the PIC overnight. He was released from the PIC the following day, 19 hours after he was assessed under the MHA, when a bed became available at Northgate Hospital in Great Yarmouth. Total detention period in the PIC = 23 hours.
22.01.2017	Kings Lynn PIC	Male was arrested at 21.55hrs on 22.01.2017 for assaulting two police officers outside Kings Lynn Police Station. During the booking in procedure concerns were raised about his mental state and as a result he detained overnight to be seen by the Liaison and Diversion nurse the following morning. The L&D nurse referred him for a full MHA assessment. He was assessed at 14.30hrs on 23.01.2017 with the outcome being that he needed to be admitted to a psychiatric unit under S2 MHA. No suitable MH beds were available locally or nationally. A bed was eventually found for him at Hellesdon Hospital and he left the PIC at 16.21hrs on 25/01/2017. The time period

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Date of incident	Location	Summary
		between the male being assessed as being in need of admission to hospital under S2 MHA and him leaving the PIC was nearly 49 hours.
24.01.2017	Aylsham PIC	Male was arrested for a public order offence at 17.29hrs on 24.01.2017. He was taken to Aylsham PIC where he was later referred for a full MHA assessment. He was assessed at 01.00hrs on 25.01.2017 and the outcome was that he was deemed to be in need of admission to hospital under S2 MHA. As the male was registered with a GP in London NSFT were not obliged to find him a local bed. After much liaison with NSFT and EDT a bed was finally secured in Hillingdon, London. The AMHP advised that a secure ambulance had been booked to collect the male at 1830hrs on 26/01/2017. When the ambulance arrived at the PIC the crew refused to convey him as they were not equipped to deal with his level of risk. As a result a more secure ambulance had to be booked but this wasn't available until the following day. The male finally left the PIC at 12.49hrs on 27.01.2017. The male spent nearly 68 hours in Police Custody with the time period between him being assessed as being in need of admission to hospital under S2 MHA and him leaving the PIC being nearly 60 hours.
05.02.2017	Wymondham PIC	Male was arrested for Affray after he was in possession of a knife in a public place and assaulted officers. He was taken to Wymondham PIC, arriving at 11.18hrs on 05/02/2017. Male has dementia and resides in a care home. He had expressed suicidal ideation. Soon after arriving at the PIC he was referred for a full MHA assessment which took place at 1830hrs. The outcome of the assessment was that he was liable for detention under S2 MHA but no suitable bed was immediately available. Due to his care needs he was deemed as being not fit to detain in the PIC. His care home refused to have him back unless officers remained with him whilst an inpatient bed was sourced. Police were left with no other option than to return him to his care home and undertake a bed watch overnight. After lengthy negotiation the following morning Adult Social Care provided extra staff for the care home and officers were able to resume at around midday on 06/02/2017.

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Date of incident	Location	Summary
17.02.2017	Wymondham PIC	<p>Male was arrested for a racially aggravated Public Order offence. He was later seen by the HCP who referred him for a MH assessment. The Duty AMHP declined to attend and passed the case to the CRISIS Team. The CRISIS team stated that they felt that the assessment was the responsibility of the AMHP. After some time the CRISIS team accepted responsibility for the assessment but stated that they would not be able to attend the PIC overnight due to their existing workload. Due to the PACE clock being close to expiring the decision was taken to bail the DP and continue to hold him under Common Law as it was felt that if he was released from the PIC he would present a risk to himself and others. After a 12 hour delay the CRISIS team attended the PIC and the male was subsequently admitted to Hellesdon Hospital as an informal patient.</p>