

Norfolk Health and Wellbeing Board

Information Update September 2016

Information Update:	Sustainability & Transformation Plan (STP) - mental health briefing
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<p>Reason for the report</p> <p>Mental Health and wellbeing is a priority for the Norfolk Health and Wellbeing Board and is also an integral part of the developing Norfolk and Waveney Sustainability & Transformation Plan (STP) - a key driver for transformation in Norfolk & Waveney. The purpose of this report is to provide a brief update on the current position in relation to the developing mental health workstream of the STP. The briefing forms the basis for a discussion about the system strategy to advance collaborative commissioning.</p> <p>Summary</p> <p>This briefing provides an update on the developing mental health workstream of the STP at this stage in the process.</p> <p>Action</p> <p>The Health & Wellbeing Board is asked to:</p> <ul style="list-style-type: none">• Consider the report and comment on the report• Note the implications for the system as a whole	

1. Introduction

- 1.1 Improving outcomes in mental health and wellbeing is a priority for Norfolk and bringing about the transformation necessary to deliver improvements is a whole system issue.
- 1.2 Mental health and wellbeing is a priority area for the Norfolk Health and Wellbeing Board and it is the subject of development through an agreed strategic framework which has four main aims: reducing stigma, making mental health everyone's business, improving access to self-help resources and early help, and commissioning better pathways into and through services.
- 1.3 The Norfolk and Waveney Sustainability & Transformation Plan (STP) is a key driver for achieving transformation in mental health and wellbeing across the Norfolk & Waveney footprint area. System-wide work on improving mental health and wellbeing is being developed as a core part of the overall STP development and will form part of our STP submission on 21 October 2016.

2. Five Year forward View for Mental Health

- 2.1 In July 2016, NHS England published 'Implementing The Five Year Forward View for Mental Health' ([link](#)) which outlines the challenges facing mental health services and highlights the gaps in service provision that areas are expected to address by 2020/21.

The report includes the statement that 'by 2020/21, adult community mental health services will provide timely access to evidence-based, person-centred care, which is focused on recovery and integrated with primary and social care and other sectors'.

2.2 It goes on to state that this will deliver:

- At least 60% of people with first episode psychosis starting treatment with a NICE-recommended package of care with a specialist **early intervention in psychosis** (EIP) service within two weeks of referral.
- A **reduction in premature mortality of people living with severe mental illness** (SMI); and 280,000 more people having their physical health needs met by increasing early detection and expanding access to evidence-based physical care assessment and intervention each year.
- A doubling in access to **individual placement and support** (IPS), enabling people with severe mental illness to find and retain employment.
- Increased **access to psychological therapies for people with psychosis, bipolar disorder and personality disorder**
- By 2020/1, all areas will provide **crisis resolution and home treatment teams** (CRHTTs) that are resourced to operate in line with best practice described by CORE fidelity criteria – delivering a 24/7 community based crisis response and intensive home treatment service as an alternative to acute in-patient admission
- **Out of area placements** will be essentially eliminated for acute mental health care for adults.
- All acute hospitals will have **all age mental health liaison teams** in place, and at least 50% of these will meet Core 24 standards as a minimum.
- By 2020/1 all commissioned mental health providers will have a specific named clinician with expertise in **military trauma** and armed forces champions. Co-commissioned services for the armed forces including post-traumatic stress disorder that are bespoke to the armed forces will be available.

3. The Norfolk and Waveney position

- 3.1 The Clinical Commissioning Groups (CCGs) are currently working with key partners and stakeholders on developing draft Commissioning Intentions across the Norfolk and Waveney STP footprint which will drive commissioning, planning and decision making processes for people with mental health needs in Norfolk for the next two years, in line with Implementing The Five Year Forward View For Mental Health.
- 3.2 The vision is to provide excellent, safe, sound, supportive, cost effective and transformational services for people with mental health needs that in turn promote independence and are empowering, wellbeing, and choice that are shaped by accurate assessment of community needs. Commissioning Intentions are required to be developed for the next two years (2017/18 and 2018/19) but they will also feed into the STPs five year planning horizon.
- 3.3 Mental health and wellbeing has been an integral part of the developing Norfolk and Waveney STP - working towards a system wide shift to drive improvements in the mental health and wellbeing of the whole population. Over the summer we received feedback from the national leadership on our June STP submission and details are provided in the STP update paper at item 6 on this agenda. Specific feedback for the next stages of development includes **the need for us to include 'stronger plans for mental health, drawing on the recent publication of the Forward View for Mental Health'**.

- 3.4 In response, our system wide work has now been further strengthened. The STP Executive has established a specific N&W STP Mental Health Work programme, in addition to existing workstreams, with CCG Chief Executive sponsorship. The Mental Health work programme will be developed across the breadth of the STP, encompassing 'Prevention and Wellbeing', 'Primary Community and Social Care' and 'Acute Care'. The existing Norfolk and Waveney Mental Health and Learning Disability Clinical Commissioning Network is also a key body to shape the overall direction of the system wide view and lead on detailed planning.
- 3.5 The system is understandably complex and a key focus is in working to achieve a shared understanding of the opportunities and the challenges that system wide transformation presents, and then agreeing how best to move forward. A single vision and clear action plan for change will be needed to realise that vision. Given the inherent complexities involved, there is a need to ensure there are clear governance arrangements, with agreed roles of all those concerned.