

## **Children's Mental Health Services in Norfolk**

### **Suggested approach from Maureen Orr, Democratic Support and Scrutiny Team Manager**

This report examines the development of children's mental health services under the Local Transformation Plan and the early outcomes for service users

#### **1. Background**

- 1.1 On 3 December 2015 NHOSC received a report from Child and Adolescent Mental Health Services (CAMHS) commissioners addressing issues and concerns that were set out in scrutiny terms of reference agreed by the committee on 3 September 2015. NHOSC also received Norfolk and Waveney's Local Transformation Plan (LTP), which had recently attracted additional recurrent funding for CAMHS in Norfolk.
- 1.2 NHOSC returned to the subject on 8 September 2016 to examine progress with the implementation of the LTP and agreed to return to the subject again at today's meeting to look at any further developments and the early outcomes for service users.

The previous reports and minutes are available on the County Council's website:-

3 December 2015

<http://norfolkcc.cmis.uk.com/norfolkcc/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/389/Committee/22/Default.aspx>

8 September 2016

<http://norfolkcc.cmis.uk.com/norfolkcc/Meetings/tabid/70/ctl/ViewMeetingPublic/mid/397/Meeting/517/Committee/22/Default.aspx>

- 1.3 Healthwatch Norfolk has commissioned several pieces of research on young people's experience of mental health services. The results of a study by MAP (Mancroft Advice Project) on experiences of tier 3 services were referenced in the last report to NHOSC on 8 September 2016. Results of research on tier 1 and 2 services are expected at the end of April 2017.

#### **2.0 Purpose of today's meeting**

- 2.1 The CAMHS commissioners have been asked to report on the following:-

(a) Developments to services under the LTP since the last report (8 Sept 2016) and an indication of the early outcomes of the LTP, including:-

- i. Funding uplifts – have the CCGs received the funding and has it been made available for children’s mental health services?
- ii. The situation regarding staffing of the services. Has it been possible to recruit all the staff envisaged in the LTP and what is the situation regarding staff turnover?
- iii. What difference has the development of the service made in terms of waiting times for children’s mental health services (all tiers) before and after the changes; other KPIs from the LTP (or negotiated within contracts during implementation of the LTP) to show current performance and the trend in performance.

(b) Developments under the Norfolk and Waveney Sustainability Transformation Plan (STP) as they affect the LTP.

(c) The commissioned mental health related work at Children’s Centres.

The commissioners have also been asked to address within their report two areas that NHOSC discussed at the last meeting:-

Self-harm – an update on the progress of services in the context of addressing the needs of children who self-harm, e.g. the establishment of the Crisis Bank of staff for short notice deployment in a crisis (within 2 hours) and the increased staffing for Point 1.

Looked After Children – information on the current situation regarding delivery of Annual Health Assessments and Strength and Difficulty Questionnaires and the linkage between the two.

The CAMHS commissioners’ report is attached at **Appendix A**.

- 2.2 On 23 January 2017 Children’s Services Committee received the report of its Children’s Emotional Wellbeing and Mental Health Task & Finish Group and agreed the recommendations. The Task & Finish Group was chaired by Cllr Emma Corlett and NHOSC was also represented on the Group by Cllr Margaret Stone. A copy of its report is attached at **Appendix B**.

The CAMHS commissioners have been asked to make reference to the Task & Finish Group’s recommendations in their report (Appendix A), where relevant to their work.

- 2.3 The following representatives will be in attendance to answer Members’ questions:-

- CAMHS Strategic Commissioner - representing Norfolk County Council and Norwich, North Norfolk, South Norfolk, West Norfolk and Great Yarmouth and Waveney CCGs
- Assistant Director of Commissioning Mental Health and Learning Disabilities – representing the five CCGs listed above and Norfolk County Council
- Head of Social Work, Children's Services, Norfolk County Council
- Head of Services and Partnerships (Great Yarmouth), Children's Services, Norfolk County Council.

### **3.0 Suggested approach**

- 3.1 After the commissioners have presented their report, Members may wish to discuss the areas set out in paragraph 2.1.

Members may also wish to address the following areas:-

- (a) Extra provision in the Crisis Pathways service and an extension to the opening hours of Norfolk & Suffolk Foundation Trust (NSFT) CAMH Service were expected to go live on 1 April 2017. Did both of these developments proceed as scheduled?
- (b) Funding for the LTP comes via the 5 CCGs. They have guaranteed to allocate a minimum of £1.9m per annum, which is the amount originally allocated in 2015-16. NHS England includes uplifts to the LTP funding within the CCGs' baseline core funding. For 2017-18 NHS England announced an expected uplift which would increase the budget available to the CCGs up to £3.1m. However, the uplifts are not ringfenced and have to be considered against all other cost pressures affecting CCGs. Do the CCGs take full account of parity of esteem for mental health services and the preventative nature of children's mental health services when they make their funding decisions?
- (c) The commissioners' report (Appendix A, paragraph 11.2.2) notes that Clive Rennie, Assistant Director of Commissioning Mental Health and Learning Disabilities will be able to provide a verbal update on the development of community Perinatal Mental Health provision across Norfolk & Waveney following a successful application to NHS England.

- 3.2 Members may wish to note that the Task & Finish Group on Children's Emotional Wellbeing and Mental Health recommended:-

'That the Local Transformation Plan be scrutinised on a regular basis by Children's Services Committee in order to ensure it is delivering for the children and young people of Norfolk' (recommendation K).



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