

Learning Disability Health Checks

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Local prevalence and incidence

Norfolk and Waveney STP – Learning Disability QOF Prevalence data 2016/17						
Shown as % - data source Public Health England website						
Year	Great Yarmouth and Waveney CCG	West Norfolk CCG	South Norfolk CCG	Norwich CCG	North Norfolk CCG	England Average
2014/15	0.5	0.5	0.5	0.7	0.7	0.4
2015/16	0.6	0.5	0.6	0.7	0.7	0.5
2016/17	0.6	0.6	0.6	0.7	**0.8	0.5
<p>*Norfolk and Waveney STP has a higher than England average LD prevalence</p> <p>**North Norfolk has the second highest LD prevalence within the Midlands and East region.</p>						

Local prevalence and incidence

- As of 2011 national estimates predicted that there were 21,786 adults with learning disability living in Norfolk (including Waveney) in 2010, 3315 of whom were counted as having severe or moderate disabilities and 5136 with ASD.
- In contrast, local service data recorded a total of 2627 people with learning disability for 2010.
- Local registers for children show 1522 males and 597 females, with identified prevalence rising to peak within teenage years i.e. at the point of transition from children's to adult services, as the condition becomes apparent during the child's development. In December 2010 there were 624 children registered aged 15 and above.
- Nationally the average age of death for people with a learning disability:
 - 67.5 for people with a mild learning disability
 - 64 for people with a moderate learning disability
 - 59 for people with a severe learning disability
 - 46 for people with profound and multiple learning disabilities
- Nationally 38% of people with a learning disability die from avoidable causes, compared with 9% of the general population
- Research suggests that there are a number of health conditions that people with a learning disability are more likely to experience, including:
 - being underweight or overweight
 - dementia
 - epilepsy
 - respiratory disease.

Learning Disability Health Checks: how are they commissioned?

- The LD Health Check programme is commissioned by the local Clinical Commissioning Groups (CCG's) and delivered within primary care.
- There are key objectives and priorities for both CCG's and STP's which serve as markers of success; three of these are specifically related to outcome measures for people with learning disabilities:
 - Reliance on specialist inpatient care for people with learning disability and/or a autism
 - Proportion of people with a learning disability on the GP register receiving an annual health check
 - Completeness of the GP learning disability register (this is a new indicator from 2017/18)
- Local authorities also have two indicators relating to people with learning disabilities:
 - The number of people with learning disabilities in paid employment
 - The number of people with a learning disability in their own home or with their family. This indicator has an impact on the CCGs indicator noted above.

Learning Disability Health Checks: who should have one?

- All patients aged 14 and over that have moderate to severe learning disabilities are eligible for an Annual Health Check.
- All patients on the GPs' Learning Disability Register are entitled to and should be invited to receive an annual LD Health Check.
- GPs must liaise with local authorities to identify which of their registered patients are known to the local authority and vice versa because of their learning disabilities and ensure these patients are captured on the GPs Learning Disabilities Register so they can be invited for an annual health check

Learning Disability Health Checks: what are they?

- The LD Health Check programme has two components:
 - Annual health check for patients with learning disabilities.
 - Completeness of the GP Learning Disability Register.
- The Health Check considers the patients physical and mental health ranging from, screening, lifestyles advice, medication accuracy, transition arrangements on attaining the age of 18, communication methods, family carer needs and self- care and management
- Following the LD annual health check a health action plan should be produced that addresses the patient's needs, best practice would be to do this in conjunction with the patient, family, carer and other agencies involved and a copy given to the patient in format suitable to their specific needs. Update the patient's medical records with relevant information following the health check.

How are we doing?

- As of August 2017 NHSE data obtained shows that all practices across the Norfolk and Waveney STP were signed up to the LD Health Checks programme.
- Activity by practice level is varied.
- No conclusions can be drawn at this stage as there are a number of data quality issues e.g. number of health checks carried out do not match the number of people on the GP LD register, some practices are duplicating which is showing percentage increase, incorrect coding.
- North and South CCG have conducted an audit of their practice data and are currently awaiting the results.
- The current national and CCGs target is 50% of patients on the GP LD register receive a health check with an aim to stretch the target to 65%.
- All CCGs achieved above the 50% target for 2016/17, with South Norfolk 64% and Great Yarmouth and Waveney 56% moving closer to the stretch target.

How are we doing?

Table 1: LD Health Check Activity Summary over the last 3 years									
CCGs	2014/15	2015/16	2016/17						
	Number of Patients on LD register in 2014/15	Number of LD patients who received a health check in 2014/15	% of LD patients who received a health check in 2014/15	Number of Patients on LD register in 2015/16	Number of LD patients who received a health check in 2015/16	% of LD patients who received a health check in 2015/16	Number of Patients on LD register in 2016/17	Number of LD patients who received a health check in 2016/17	% of LD patients who received a health check in 2016/17
Great Yarmouth and Waveney	885	473	53%	1054	485	46%	1049	587	56%
North Norfolk	658	535	81%	1090	955	88%	1249	683	55%
Norwich	648	454	70%	1213	548	45%	1300	696	54%
South Norfolk	893	640	72%	1171	499	43%	1116	716	64%
West Norfolk	423	302	71%	668	271	41%	721	374	52%
Total	3507	2404	68%	5196	2758	53%	5435	3056	56%

Next Steps

- Data cleansing including looking at data recording within primary care
- Audit practices on Learning Disability register completion and methods
- Work with practices to increase LD health checks take up with aim of delivering stretched target
- Ensure two way flow of information from primary and social care
- Patient summary care records are updated and visible to all health care professionals
- Look at methods of communicating with Learning Disability patients and ensure practices apply Accessible Information Standard
- Primary Care Commissioning Board to monitor quarterly performance data on Learning Disability health checks take up.