

**South Norfolk CCG's response to the information requests for NHOSC  
17 January 2018**

(Info requests in bold, with SN CCG's response below each one)

- a) **An update on the progress of the reviews of mental health services for adults and for children and young people in Norfolk and Waveney including:-**
- i) **Emerging proposals**
  - ii) **Timetable for conclusion of the review and subsequent actions (including any consultation with NHOSC about substantial changes to services)**
  - iii) **Commentary on how the Norfolk and Waveney reviews align with similar review in Suffolk.**

Two reviews of mental health provision within Norfolk and Waveney are in their final stages of completion. Firstly a review focusing on adult mental health provision conducted by the Boston Consulting Group and secondly a review of children's mental health conducted by Rethink Partners. An overview of the scope of both reviews is outlined below:

- 1) **Adult Mental Health Review** - adult mental health strategy, containing a future vision over the next 10 years, with an implementation road map and an investment and affordability paper providing detailed analysis of scenario modelling and costed strategies against those models.

The review has set up a number of Task and Finish Groups, which are due to continue within their current format for at least the next three months. These are as follows:

- Develop, commission and drive a single integrated mental health framework, which will aim to set the key principles behind a contracting and commissioning approach to an integrated system delivery of population based mental health outcomes.
  - Collective focus on wellbeing and prevention of mental health issues, focusing on public mental health and prevention.
  - Clarify mental health pathways, focusing on the increased standardisation towards best practice treatment pathways.
  - Analyse the future primary care model of mental health provision, based around multi-agency, multi-disciplinary locality teams.
  - Focus on strengthened services for crisis management and urgent care in different settings.
  - Ensure high quality acute inpatient care focused on patients that require it.
- 2) **Children and Young People's Review** - The review was undertaken between September and December 2018 and is being overseen by a cross-system Task and Finish Group that has been established for this purpose. There is cross membership with the adult mental health review to ensure that the two pieces of work are appropriately aligned.

The scope of the work is to review all aspects of the planning, commissioning and provision of:

- Universal services where there is a focus on resilience and emotional wellbeing
- Tier 2 CYP mental health services
- Tier 3 CYP mental health services

In addition, the review is considering the interactions between core CYP mental health services and wider children's services, including Special Educational Needs, early intervention in psychosis, safeguarding and tier 4 services.

Following a major cross-system workshop at the end of November, the findings, conclusions and recommendations of the review are being developed.

Both reviews took forward a wide ranging engagement approach, with service users, family and carers, the general public, services and a strategic partners. This coproduction approach will continue to be strengthened within the next stages of both the review work and as the recommendations are turned into implementation programmes for delivery.

Both reviews are presenting their outcomes to the Norfolk and Waveney STP and each of the five Norfolk Clinical Commissioning Groups and Norfolk County Council in January 2019.

There has been cross representation between the adult and children's review work streams and also regular meetings with Suffolk Commissioners to ensure alignment.

**b) An update on progress towards the establishment of a Community Wellbeing Hub. (For info - the CCGs had secured £558k approx. for this from a bid to the national Sustainability Transformation Plan capital fund at the time of the report to NHOSC in April 2018. They intended to conduct procurement in 2018 with the hub becoming operational in 2019. This was one of the measures intended to enable NSFT to manage within existing bed numbers and reduce out-of-Trust placements to zero).**

The project to develop a Community Wellbeing Hub is progressing. CCGs have secured £558k of capital investment from NHS England to develop a hub venue. The revenue funding for the hub has also been agreed by CCGs.

An engagement workshop was held in October 2018 and was attended by over 50 stakeholders, including service user and carer representatives, Third Sector, Secondary Care Mental Health Services, and other statutory organisations. The event was designed to hear the thoughts and gather knowledge from the system to inform the service specification for the hub model. A report was produced detailing the findings of the day and this has been widely circulated.

A market engagement event is taking place on 11<sup>th</sup> January 2019 to provide interested provider organisations with information about the hub model, the

procurement timescale and to encourage networking between agencies. Commissioners expect have identified a preferred service provider by autumn 2019.

- c) Details of any further discussion / agreement between the CCGs and NSFT to fund additional mental health beds either on an interim or permanent basis. (For info - this info is required in light of the ongoing numbers of out-of-Trust placements and NHOSC's recommendation on 17 December 2017 that the CCGs should provide funding to open 15 additional adult acute beds at Yare Ward, Hellesdon Hospital)**

Whilst there has been no formal proposal put forward to the Norfolk and Waveney CCGs to fund additional mental health beds by NSFT, commissioners and the provider have been working closely together to review placements and gain a shared understanding of the demands and possible solutions to the current numbers of acute OOA placements.

Part of the Adult Mental Health Reviews remit was to review the bed capacity levels needed within Adult Acute Mental Health Care. The CCGs will be reviewing the outcomes of this early in 2019.

- d) Details of how much NHS England's Mental Health Investment Standard (formerly referred to as Parity of Esteem) required the Norfolk and Waveney CCGs to invest in mental health services in 2018-19, how much was actually invested and how much of this went to NSFT and how much to other mental health spending.**

Please find below the breakdown of investment as at month 8 2018/19 forecasted to year end. As is indicated Norfolk CCG's are investing above the Parity of Esteem/ Mental Health Investment Standard benchmarks for 2018/19 in terms of NSFT and other mental health services expenditure

<u>2018/19 Forecast at M8</u>	GYW	North	Norwich	South	West
NSFT	31,706	19,870	32,581	20,133	17,406
Other Core MH	7,210	4,896	4,725	5,226	3,109
Total	38,916	24,766	37,306	25,359	20,515
Total increase	3.3%	5.5%	6.9%	3.9%	8.2%
PoE requirement %	2.8%	2.8%	2.9%	3.6%	3.3%