

Borough Council of
**King's Lynn &
West Norfolk**



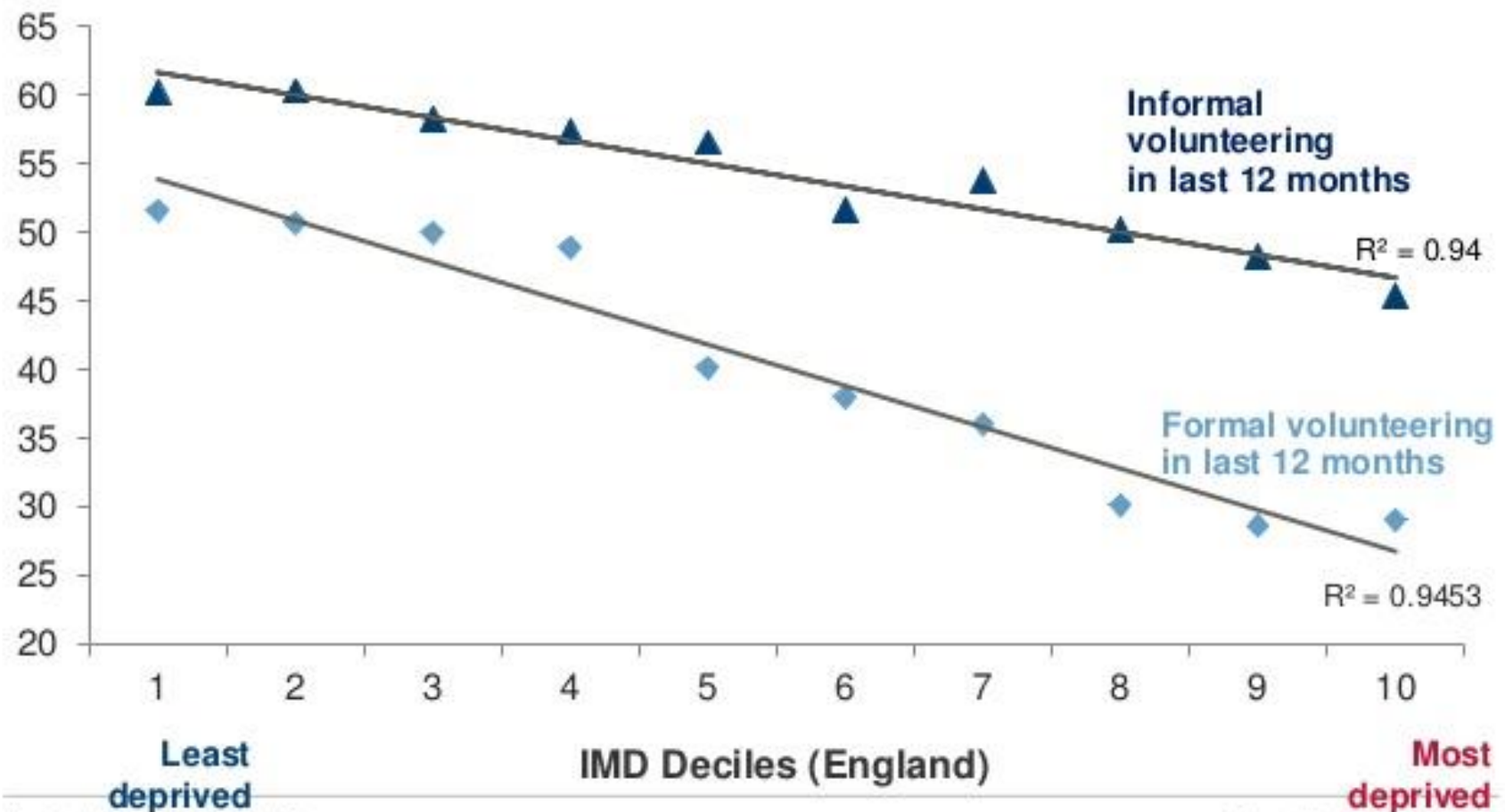
Time Credits in West Norfolk

Ian Burbidge
Policy and Partnerships Manager

Varied capability in communities is a challenge for social action...

24

% of respondents



Base: England c.8,700 adults aged 16+

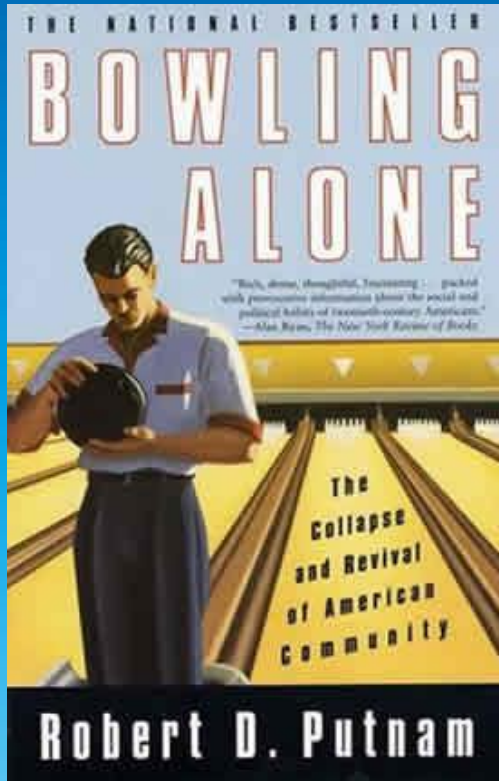
Source: Citizenship Study 2009/10

Hypothesis...

SPICE



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“that Time Credits is a means of increasing social capital, especially in areas where this is low, and will therefore support positive outcomes for our residents”

“As a rough rule of thumb, if you belong to no groups but decide to join one, you cut your risk of dying over the next year in half. If you smoke and belong to no groups, it’s a toss-up statistically whether you should stop smoking or start joining.”



A means to an end...



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51%

of participants have never
given time before or have only
given very occasionally

64%

Of participants
report improved
quality of life

73%

Of participants
Feel they can
contribute more

49%

Of participants
feel more
confident

66%

Of participants
have learnt a
new skill

75%

of organisations see visible benefits
from Time Credits within the first nine
months. These benefits are largely
concerned with making better use of
skills and resources in communities



And on Health measures...



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The aim isn't to encourage people to volunteer just because it's a good thing to do...

52%

Of participants can afford to do more things

13%

Of participants feel more able to live independently in their own homes

34%

Of participants feel healthier as a result of being part of the Time Credits Programme

35%

Of participants Feel less isolated

10%

Of participants have less need to see the doctor

49%

Of participants Feel more positive about their future

10%

Of participants Feel less need to use social care services