

Adult Social Care Committee

Item No:

Report title:	Norfolk Learning Disability Strategy 2018 – 2022 My Life, My Ambition, My Future
Date of meeting:	02 July 2018
Responsible Chief Officer:	James Bullion, Executive Director of Adult Social Services

Strategic impact

Norfolk's Learning Disability Strategy is the first to be developed in partnership and co-production with service users. It provides the single vision, agreed core principles and core priority outcomes to improve the lives, opportunities, health and wellbeing of people with a learning disability and their families living in Norfolk.

It aligns with Norfolk County Council's (the Council) strategic priorities for sustainable services for those who need them most and the Norfolk Futures Strategy:

- 1) Offering our help early to prevent and reduce demand for specialist services
- 2) Joining up our work so that similar activities and services are easily accessible, done well and done once
- 3) Being business like and making best use of digital technology to ensure value for money
- 4) Using evidence and data to target our work where it can make the most difference

Executive summary

The Norfolk Learning Disability Strategy 2018 – 2022; My Life, My Ambition, My Future has been developed through engagement and co-production with service users and has been identified as a priority by Adult Social Services and supported by Adult Social Care Committee.

A series of engagement activities have taken place since summer 2017 that identified the 10 key priorities by people with a learning disability, their families, providers of services, professionals and commissioners.

The key priorities have been translated into priority outcomes to support the identification, delivery and monitoring of key work activity and its impact over the next five years.

This includes aligning with the Council's Adult Social Care Promoting Independence Programme, Living Well: 3 Conversations and the Social Work principles and Norfolk Futures including the development of Local Area Strategies.

It also includes the local and national priorities to improve the health and wellbeing of people with a learning disability. Examples of this include the offer and undertaking of annual health checks and 'Transforming Care', preventing the use of hospitals where this can be avoided.

To support the development of a partnership approach across agencies and people with a learning disability and their families, a series of Core Principles have been developed. These Core Principles identify how the partnership will work together to inform the culture and the delivery of the learning disability services in the future.

The Adult Social Care Committee are asked to acknowledge the work undertaken and to approve the adoption of the My Life, My Ambition, My Future for the future planning and provision of services for people with a learning disability in partnership with health and other key partners.

Including the approval of the Vision, Core Principles and outcomes.

Recommendations:

Committee are asked to:

- a) **Approve the adoption and implementation of Norfolk Learning Disability Strategy 2018 – 2022; My Life, My Ambition, My Future**

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1 Proposal

- 1.1 Norfolk's Learning Disability Strategy 2018 – 2022; **My Life, My Ambition, My Future** is the product of a wide engagement and co-production process with service users that saw over 800 people providing their contribution, that communicates a vision that '**All People with a Learning Disability have the ambition, choice and opportunity to be equal members of the Norfolk community.**'
- 1.2 The principles within the strategy, provide a framework that can be applied to all areas of delivery, influencing the culture change required to improve opportunities for people with a learning disability, to actively participate in their local communities and reduce the need for specialist or commissioned services.
- 1.3 In order to engage with as many people as possible, different methods of engagement were used. This included the media, workshops, inclusive of members from the Adult Social Care Committee, stalls, surveys including easy read, group sessions and a drop-in session for the wider community, at the Kings Centre in Norwich.
- 1.4 As a result, there was a wide range of people that contributed to the engagement, including: people with a learning disability (LD) (including young people), parents, family carers, public, professionals of learning disability services, providers, housing, community businesses, the police, schools and education facilities, Department of Work and Pensions and commissioners across Norfolk Clinical Commissioning Groups and Adult Social Care. 58% of people who participated were identified as having a learning disability.
- 1.5 The engagement was co-ordinated by a co-production group that was co-chaired by a member of the Learning Disability Partnership Board, with an independent person from the Careology agency. The Learning Disability Partnership Board comprises family carers, experts by experience and professionals across health and social care learning disability services.
- 1.6 Further engagement with self-advocates and family carers on the LD Partnership Board translated the priorities into outcomes which will enable the development of delivery plans and measures that the Partnership can use to hold itself to account in the Transformation of LD Services over the next five years.

These include:

- a) Equality, respect and being safe
- b) Being Health and Happy
- c) Having the right place to live

- d) Develop and maintain positive relationships
- e) Having transport to get about
- f) Being part of the community, local activities and leisure opportunities
- g) Having employment, work, education, training opportunities
- h) Having a voice and choice about the right support
- i) Managing Money and Personal Budgets
- j) Support for Carers and Families

- 1.7 The purpose of the principles is to enable the development of consistent, quality services across Norfolk that can be applied to all areas of delivery. These include: influencing a culture change focusing on working together, to enable and develop people's skills and prevent people's needs from deteriorating, improving the opportunities for people with a learning disability to actively participate in their local communities and reducing the need for specialist or commissioned services.
- 1.8 For those who require higher levels of support, the strategy equally promotes positive health and wellbeing outcomes through a person-centred, preventative and enablement practice, reducing peoples' needs escalating and preventing crisis (pages 11 and 12 of the draft LD strategy refers).
- 1.9 The LD Strategy supports the delivery of the Council's corporate priorities, the delivery of the Norfolk Futures programme and social work principles and the delivery of the Council's Adult Social Care statutory duties, as outlined in the Care Act 2014. Specific focus on the needs and outcomes of people with a learning disability and their carers, are also enacted through the strategy.
- 1.10 The recommendations of *Transforming Care, Building the Right Support Service Model 2016*, with the focus of preventing the use of institutions such as hospitals and contact with the criminal justice system, are included and supported within the principles of the strategy. There is recognition of the importance of other policies and legislation and how they are applicable to people with a learning disability, including the Autism Act, Mental Health Act, and Mental Capacity Act.
- 1.11 This strategy is intended to be a public facing document and can be used as a tool for organisations, providers and commissioners in the planning of their future priorities and delivery of good quality services.
- 1.12 The LD Strategy has been shared with CCG Executive Board for comment and attended the Joint Strategic Commissioning Committee on 19 June 2018

2 Evidence

- 2.1 The general population of people with a learning disability living in Norfolk in 2017 was 16,899 (Pansi and Poppi data), with the expected population to rise by 2.3% to 17,284 by 2021. This considers the number of people with a learning disability in the older age groups increasing at a faster rate, estimated as 6.9%, within the same period.
- 2.2 Of the 16,899 general population of people with a learning disability, 2,486 people access Adult Social Care Services.
- 2.3 According to the prevalence data, the largest proportion of individuals with a learning disability also have an autism spectrum condition at 41% and this population will also benefit from the developing Autism Strategy, with both strategies recognising the needs of this population group.

- 2.4 Further work will be undertaken to better understand the future demand, which will support greater emphasis on preparing for adulthood for young people with a learning disability as they transition into adulthood.
- 2.5 National research into the projected demand for social care and disability benefit for younger adults, identified that between 2010 and 2030 there would be an increase of 32% of young people with a severe learning disability.
- 2.6 It is expected that the future approach would support young people away from the traditional service model, with greater focus on aspirations and independence.

3 Financial Implications

- 3.1 The adoption of the strategy does not have direct financial implications to the Council and we expect the strategy to be delivered within the existing budget. It provides the strategic vision that supports current efficiency and savings programmes, and the wider principles of Promoting Independence. Delivering the strategy will be dependent on other partners changing the way that they work.
- 3.2 Current spend by the Council on services for people with a learning disability is £124m inclusive of £7m for specialist health and community services (community nursing, psychiatry etc), including:
 - a) 16 million on Day Opportunities
 - b) 49 million on residential care
 - c) 37 million on supported living day services, residential and supported living
- 3.3 It is therefore important to align with the Council's strategic priorities for sustainable services for those who need them most and Norfolk Futures core principles.
- 3.4 Committed savings agreed by the Council within the Annual Budget 2018/19 to be delivered by the Promoting Independence programme projects for Learning Disabilities is £7.4m and £10.3m across 2019-21.

4 Issues, risks and innovation

- 4.1 Norfolk's Learning Disability Strategy 2018 – 2022; **My Life, My Ambition, My Future** has received a lot of interest and engagement both inside and outside of the Council.
- 4.2 There are no risks to the Council in the adoption of the strategy, however, by doing so it does communicate the intention to progress the priority outcomes identified in the strategy in partnership over the next five years.
- 4.3 The strategy has been written with key equality implications in mind for people with a learning disability living in Norfolk, who are at risk of health inequalities and social deprivation outcomes and provides positive foundations for joined up partnership working.
- 4.4 The introduction of core principles and the promotion of opportunities for people with a learning disability to access community and mainstream services, supports their Human Rights and the delivery of the Equality Act 2010 by the Council and other statutory bodies.
- 4.5 My Life, My Ambition, My Future Norfolk Learning Disability Strategy 2018 – 2022, will inform the culture for the future delivery of services to people with a learning disability, promoting their independence, person-centred practices and preventing the escalation of needs. It provides the core principles by which joint commissioning can be delivered

across social care and health for future learning disability services in Norfolk. This includes the 'LD specialist health services' offer (including community nursing and psychiatry and the development of a new community health model in collaboration with partners.

- 4.6 The strategy supports the application of operational practice, with the focus on person-centred outcomes, aligning to the Living Well: 3 conversations and Social Care Principles for people with a learning disability and Carers assessments in the delivery of statutory duties Care Act 2014.
- 4.7 It recognises the need for communities to be positive places for people with a learning disability and provides further opportunities to work in partnership in the development of local area strategies with the police, District Councils in the development of hubs, safe spaces and changing spaces.
- 4.8 The provision of a set of core principles will also support improved quality assurance and engagement with providers, by which joint commissioning can be delivered across social care and health for future learning disability services in Norfolk.

5 Recommendations

5.1 Committee are asked to:

- a) **Approve the adoption and implementation of Norfolk Learning Disability Strategy 2018 – 2022; My Life, My Ambition, My Future**

If you have any questions about matters contained in this paper or want to see copies of any assessments, e.g. equality impact assessment, please get in touch with:

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